

SPA & WELLNESS MENU

OUR PHILOSOPHY

A statuesque tree found in the tropical rainforest of Asia, the Angsana is best noted for its crown of flowers that bursts into a fragrant shower of golden-yellow blooms unexpectedly. The glorious Angsana beholds the maxim to live life and savor time as it passes inexorably.

SENSE OF SERENITY

Calm your mind and draw in the serenity of your surroundings. Relax as our therapist welcomes you with a soothing foot wipe. Complete the Angsana Spa experience with some post-treatment time to shed the cares of the world over a herbal drink and refreshments.

All Angsana Spa treatments come with a complimentary 30-minute Calm Time of refreshments and relaxation. Enjoy the difference. For the consideration of others, we request that visitors keep noise to a minimum. Children are not allowed at the spa unless they are having a treatment, accompanied by an adult. We ask that you respect other guests' privacy by speaking softly.

CALM TIME

Guests will be accorded a 30-minute Calm Time of refreshments and relaxation per visit, except hand, foot and selected a la carte treatments.

CHECK-IN

Please arrive at least 15-minutes prior to your scheduled treatment to avoid reduced treatment time. A late arrival will result in a shortened treatment to accommodate other guests fairly.

VALUABLES

We recommend that no jewellery be worn at the spa. The management and staff accept no responsibility for the loss of money or valuables of any kind brought into the spa premises.

SMOKING AND ALCOHOL

Smoking and the consumption of alcohol within the spa are prohibited.

CANCELATION POLICY

All treatments are subject to a 12-hour cancellation policy. Cancellations with less that 12 hours' notice will be charged at 100% of the cost of the treatment. Late arrivals will shorten your treatment time.

REFUND POLICY

Treatment packages are non-refundable. Unused portion of the packages are non-transferable or non-exchangeable for another time.

GIFT CERTIFICATES

Treat a friend or loved one to an indulgent experience. Gift certificates are available for purchase. Please contact our spa receptionist for more details.

ORGANIC AND ECO-FRIENDLY PRODUCTS

Experience the purity of 100% organic products in our curated spa therapies. Crafted to nourish and revitalize, each treatment offers a truly natural and rejuvenating escape.

DISCLAIMER

The spa treatments, services and/or facilities received or utilised at Angsana Spa are intended for general purposes only and are not intended to be a substitute for professional medical treatment for any condition, medical or otherwise, that Guests may have. Guests will fully indemnify and hold harmless Angsana Spa, its holding company(ies), affiliates, subsidiaries, representatives, agents, staff and suppliers, from and against all liabilities, claims, expenses, damages and losses, including legal fees (on an indemnity basis), arising out of or in connection with the spa treatments, services and/or facilities.

All Angsana Spa treatments (except hand and foot treatments) come with a complimentary 30-minute Calm Time of refreshments and relaxation, comprising a welcome foot wipe, and some post-treatment time to relax over a herbal drink and refreshments. Prices are inclusive of VAT.

FULL BODY MASSAGES

Angsana Spa presents a selection of massages, each designed to soothe the body and revitalize the senses.

60-minute treatment €145 90-minute treatment €210

ANGSANA IONIAN BLISS

<u>Hint:</u> Signature massage created exclusively for Angsana Spa, to work on your body's key pressure points to strengthen inner "qi" or energy. Euphoria massage oil is used, which helps to promote concentration and rejuvenation.

FUSION

<u>Hint:</u> A blend of Thai and Swedish massage techniques to soothe all aches, unblock stiffness and enhance flexibility. Invigoration massage oil is used to uplift and refresh the senses.

JAVANESE

<u>Hint:</u> Adapted from ancient Balinese techniques, this deep tissue massage relieves body tension and promotes better sleep patterns. Harmony massage oil works to harmonize the mind, as music is to the soul.

THAI

<u>Hint:</u> Unwind to a delicate stretching of your body to improve flexibility, followed by Thai massage techniques of palming and thumbing, without the use of oil, on your meridian lines.

DREAMS

<u>Hint:</u> Specially created for tired and worn-out bodies, this calming massage soothes tense muscles using warm Clarity oil, a blend of sesame and jojoba oil rich in Vitamin E.

ESSENCE OF ANGSANA

Take your pick from an array of thoughtfully designed spa combinations, specially tailored for different needs of the ladies and gentlemen.

CLARITY essence **60-minute Javanese massage 30-minute scalp massage**

Hint: Ideal for those looking to destress.

Drift away in bliss as deep tissue massage techniques loosen the muscles and promote blood flow. The scalp massage targets pressure points to effectively clear your mind.

AWAKENING essence – 60-minute fusion massage 30-minute foot massage

<u>Hint:</u> Ideal for those looking to awake the senses. This is the perfect combination to improve flexibility and revive tired muscles. A relaxing foot massage rounds up the experience.

PURIFY TOUCH -

120-minute treatment €250

60-minute choice of body massages 30-minute ginger warmer body polish 30-minute vitality mud mask

<u>Hint:</u> Ideal for those looking to detox. The scrub deeply cleanses while warm ginger enhances blood circulation. The mud mask removes impurities, leaving you with refreshed skin.

GlOW essence 60-minute choice of body massages or body treats 60-minute facial

120-minute treatment €250

<u>Hint:</u> Ideal for those looking to pamper from top to toe. Personalise your own medley of beautifying treatments, leaving you rejuvenated with an all-round radiance.

90-minute treatment €200

90-minute treatment €200

FACIALS

Indulge in our revitalizing facial treatments, meticulously crafted using the renowned *Biologique Recherche* products, ensuring a personalized experience that caters to your skin's unique needs.

CORFU GLOW ELIXIR

Hint: A unique skin therapy that boosts cellular metabolism to smoothen fine lines and wrinkles and restore freshness and radiance to the skin. Especially effective for skin that has been exposed to the sun. Ideal for all skin types.

ANTI-AGEING RETREAT -

Hint: Prevent the visible signs of ageing with this treatment that is focused on lifting and firming. Especially targeted to reduce wrinkles, rejuvenate and tone the skin. Ideal for matured skin.

VISAGE PURIFIER —

Hint: Designed to purify, balance and unify the complexion. This treatment is recommended for all, particularly those seeking to reduce blemishes. Ideal for normal and combination skin.

IONIAN SILK TOUCH _____

Hint: Perfect for clarifying the complexion and improve the texture of your skin while providing overall anti-ageing action as well as soothe the skin. Ideal for oily skin.

INTENSE HYDRATION ———

Hint: For those with tender and sun-damaged skin, this is a must for after sun exposure. This corrective hydrating facial combines a lymphatic face massage with the most advanced active principles, like plant extracts from the Alps. The skin is soothed, and its radiance restored.

ILLUMINATING EYES —

Hint: For your eyes only, we have created a collagen eye mask and an antiwrinkles eye cream, eliminates dark circles, eye puffiness, age lines and signs of tiredness. This elixir for the eyes is applied with sophisticated acupressure techniques made to firm the skin. For men and women.

MINI FACIAL

<u>Hint:</u> Facial massage therapy improves skin texture and tone by promoting circulation, reducing puffiness, and increasing lymphatic drainage, and collagen production. Regular facial massage enhances the absorption of skincare products and brings a more rejuvenated look.

60-minute €140

- 60-minute €160

—___ 60-minute €140

30-minutes €80

60-minute €130

— 60-minute €140

90-minute treatment €190

HOLLISTIC THERAPIES

A selection of signature Angsana Spa treatments, a luxurious treatment for the mind and body, exclusively executed at Angsana Spas around the world.

120-minute treatment €230 180-minute treatment €400

CELESTIAL MUSCLE REVIVE

<u>Hint:</u> Indulge in a refined experience of stretching, herbal warmth and restorative massage for ultimate relaxation.

ROYAL INDULGENCE

<u>Hint:</u> Give your body a well-deserved tune up with this ultimate treat that combines all of Angsana Spa's classic therapies. Take in the invigorating scent of the flowers, which is sure to brighten your day.



RAINMIST EXPERIENCE

A signature Angsana Spa innovation, the revitalizing Rainmist experience combines cascading rain shower and steam bath with pampering body treatments.

90-minute treatment €190 120-minute treatment €230

KERKYRA RITUAL

<u>Hint:</u> A refreshing homegrown Kumquat-infused mist that hydrates and revitalizes, while soothing oils leave the skin glowing and the mind serene.

Rainmist shower, Kumquat body polish, Kumquat body conditioner, Head Massage.

MEDITERRANEAN VITALITY

<u>Hint:</u> An invigorating rain shower combined with moisturizing body treatments to awaken your senses and hydrate the skin.

Rainmist shower, Mediterranean Scrub, Olive Oil infused body conditioner, Head massage.

ANCIENT GREEK HIPPOCRATIC RITUAL

Indulge into the nature and ancient wellness wisdom of Corfu

100-minute treatment €260

This 100-min holistic therapy based on the wisdom of Hippocrates. Exclusive only to Angsana Corfu, we have brought together a series of ancient Greek wellness pressure and lymphatic techniques, combined with elixirs made by locally sourced organic herbs and oils, in order to rejuvenate, decompress and release the body and mind.

HEALING TOUCH

Enjoy a quick yet rejuvenating experience with our Express and targeted Massage section, designed to relieve stress and tension in 30' or 45' minutes therapies. Ideal for those with limited time.

> 30-minute treatment €90 45-minute treatment €120

Antonio and Come

BACK ENERGY

<u>Hint:</u> Iron out aches and tensions in the back with this medium to strong pressure massage.

FOOT LOOSE

Hint: Step out with happier feet after an energizing leg and foot massage.

HEAD & SHOULDERS

<u>Hint:</u> Vanish fatigue with this deceptively simple combination of upper body massages focusing on head and shoulders.

POWER TOUCH

<u>Hint:</u> Prime your body for success with a power massage, boosting circulation, flexibility and readiness for your workout, while reducing the risk of injury.

RECOVERY MASSAGE

<u>Hint:</u> Employing gentle, soothing strokes, this massage aids in alleviating muscle soreness, reducing inflammation, and promoting relaxation, facilitating faster recovery and muscle repair after intense physical activity.

FLEXIBILITY FUSION THERAPY

<u>Hint:</u> Combining deep tissue massage with assisted stretching, this therapy targets muscle tension and enhances flexibility and joint mobility, providing relief from tightness and improving overall muscle function.

Enhancement

SPECIAL EDITION SILK ROAD BODY WRAPS

A special edition body treatment, body wraps taking inspiration from the far east trade between Asia and Corfu in the past centuries, designed to awaken the body spirits in you.

30-minute treatment €80

MEDITERRANEAN HONEY

<u>Hint:</u> Give your body a well-deserved nourishing treat using the royal of all ingredients, the Mediterranean honey. Take in all the hydrating agents of honeybee, leaving your skin supple and bright.

CORFIOT METAMORPHOSIS

<u>Hint:</u> Wrap your body with a blend of vitamin C and anti-ageing ingredients replenishing the layers of the skin. Run through an instant metamorphosis, Release all the built-up muscle tension and boost your flexibility. You will be ready to face the world after this delightful experience.

UNDER THE OLIVE TREE

<u>Hint:</u> An olive oil-based body wrap deeply nourishes, leaving the skin soft, hydrated and beautifully rejuvenated.

ROYAL SKIN

<u>Hint:</u> We created an exclusive mixture of lime, juice, ginger and powder milk to pamper your skin like the royals do, a one in a lifetime experience.

Enhancement

BODY SCRUBS

Choose from a sumptuous selection of body polishes made from natural ingredients and freshly concocted before your treatment.

30-minute treatment €80

ALMOND MILK	- For all skin types ore refined.
JASMINE FRANGIPANI	For oily skin types
Hint: Smell your floral best and show off sparkling skin after the tr	eatment.
FRUITS DELIGHT	— For all skin types
<u>Hint:</u> Cleanse and brighten your skin with this anti-oxidant body orange, carrot, apple and lime juice.	scrub consisting of
HONEY SESAME F	or normal & dry skin
<u>Hint:</u> Smell as sweet as honey after this treatment while the skin after the gentle exfoliation.	emerges smoother

Enhancement

BODY CONDITIONERS

Complete your spa package with a delectable selection of body conditioners to leave your skin soft and supple.

30-minute treatment €80

ALOE CREAM <u>Hint:</u> Discover the tingle of soothing aloe vera as it stimulates new moisturizes sun-kissed skin.	For dry skin types v cell growth and
AVOCADO SMOOTHIE	· · ·
OLIVE SMOOTHER <u>Hint:</u> This delectable conditioner blends olive oil and oatmeal to add your skin.	<i>,</i> ,
MUD MASK — For	normal & oily skin

Hint: A deep cleansing treatment using rich mud to detoxify and nourish the skin.

CALMING BATHS

Enhance your spa experience with our serene Therapeutic Baths. Soak in a calming blend of aromatic oils and soothing salts, designed to relax your body and restore your mind. A perfect addition to any treatment for ultimate relaxation.

30-minute treatment €80

COFFEE AWAKING <u>Hint:</u> The aromatic scent of coffee beans helps ease the senses of body and mind.

EUCALYPTUS INHALATION

Hint: Feel totally energized with this uplifting bath to perk up your senses.

JASMINE DESIRE

<u>Hint:</u> Feel suitably revealed with this ultimate fragrant bath to conclude your wellness treat.

ORANGE MILK SOAK

<u>Hint:</u> An irresistible bath of the royals, infused with fresh orange slices, milk and orange essential oil, packed with natural goodness and nutrients.

MOMENTS FOR TWO

120-minute treatment €340

HARMONY ESCAPE

<u>Hint:</u> Relax and reconnect with our Couples Aromatic Bath & Massage. Enjoy a 60-minute soothing massage with calming essential oils, followed by a 60-minute aromatic bath designed to relax and revitalize. Complete the experience with a peaceful moment of shared relaxation. The perfect escape for two.

FAMILY MEMORIES

Indulge in a time of family bonding and fun while enjoying a delightful range of treatments thoughtfully created for both adults and the little ones. Ideal for kids aged 7 to 14.

FAMILY BONDING

90-minute treatment €320

For mom or dad: 30-minute body polish

60-minute body massage For kid: 30-minute body polish*

60-minute body conditioning massage

GIRL'S ONLY

120-minute treatment €350

For mom: 60-minute body massage 60-minute facial

For daughter: 30-minute body polish* 45-minute body conditioning massage 15-minute face mask** 30-minute nail cut

<u>Hint:</u> A specially created mother-daughter escape for the reigning queen and princess.

BOYS' HANGOUT

90-minute treatment €300

For dad: 90-minute body massage

For son: 30-minute body polish 45-minute body conditioning massage 15-minute nail cut

<u>Hint:</u> There is nothing better than a relaxing father and son bonding time.

*Choices for Girl's face mask:

- cucumber cutie
- strawberry sweetie

*Choices for kid's body polish:

- cocoa adventure
- milky way
- pink strawberry



PERSONAL TRAINING Tailored one-on-one sessions to achieve your fitness goals with expert guidance.

PILATES REFORMER

Improve strength, flexibility, and posture with low-impact, full-body exercises on the reformer machine.

Wellness exclusives



€100 per session

YIN YOGA Deep, restorative stretches to enhance flexibility and relaxation.

VINYASA YOGA Dynamic flow sequences to build strength and balance.

HATHA YOGA A balanced practice combining breath, movement, and mindfulness.

BREATHWORK & MEDITATION Guided breathing and mindfulness techniques to reduce stress and enhance mental clarity.

HIKING Reconnect with nature and boost endurance through scenic guided hikes. Wellness exclusives
GROUP & FAMILY WELLBEING

Minimum 2 Pax - €50 per person

PILATES MAT Core-strengthening and flexibility-enhancing exercises for all levels.

YIN YOGA Deep relaxation and flexibility-focused practice for groups.

VINYASA YOGA Flow-based sequences to improve strength and balance together.

HATHA YOGA Gentle yet strengthening postures for overall well-being.

BREATHWORK & MEDITATION Group sessions to enhance mindfulness and reduce stress.

HIKING Experience nature and movement together on guided scenic trails.

<u>Note:</u> Kids from 8 to 16 years old may participate only with supervision.



Angsana Corfu Resort & Spa 11th klm National Road Corfu to Benitses, Akra Punta, 49084 To book a treatment, call +30 26610 22900 or email spa-corfu@angsana.com