

ANGSANA LĂNG CÔ CENTRAL VIETNAM

Resort Information & Activities Booklet



Updated in February, 2025

withBanyan MEMBERSHIP

DINING

SPA & WELLBEING

LAGUNA GOLF

EXPERIENCES & WATERSPORT RANGERS' KID CLUB

101 THINGS TO DO

CELEBRATION MENU BIODIVERSITY FOR FAMILY SHUTTLE BOAT

SHUTTLE SERVICES & TOURS RESORT MAP O DAILY ACTIVITIES PROMOTIONS OF THE MONTH

Messinge

Please tap to explore and navigate through the digital booklet.





withBanyan

withBanyan is a different membership programme. Get rewarded for your sense of adventure and find inspiration as you journey through the world withBanyan. Register now and enjoy these instant perks:

- a drink on us
- 15-minute Neck and Shoulders massage at Angsana Spa
- complimentary upgrade to the higher room category (subject to availability)











Dining in Lang Co Bay

Angsana Lang Co caters to all tastes with a choice of four restaurants within our resort. Guests also have access to four more restaurants at our sister property, the Banyan Tree Lăng Cô luxury resort. From international favourites to authentic Vietnamese and Southeast Asian cuisines, all our restaurants bring you some of the finest dining the world has to offer.



DISCOVER NOW

DISCOVER NOW

BANYAN TREE



RESORT BOOKLET



Spa & Wellbeing

Close your eyes. Inhale. Exhale. Recharge. A statuesque tree found in the tropical rainforest of Asia, the Angsana is best noted for its crown of flowers that burst unexpectedly into a fragrant shower of golden yellow blooms.

The glorious Angsana constantly reminds us to live life and savour every moment as time passes inexorably.

ANGSANA SPA

DISCOVER NOW

DISCOVER NOW

BANYAN TREE SPA







Laguna Golf Lang Co

As a championship course designed by Sir Nick Faldo, it offers a variety of challenges for players of all levels. Measuring just under 7,100 yards from the championship tees and a beginner-friendly 5,263 yards from the front tees, the course is strategically planned with a traditional out-and-back routing. Players can enjoy varied shot opportunities along the way, leaving them with a unique sense of place in the rustic hinterland destination.

DISCOVER NOW







RESORT BOOKLET



Experiences & Watersport

A multitude of entertaining and relaxing activities await you at Angsana Lăng Cô. Skim the gentle waves of the East Sea with water skiing, kayaking, jet skiing, parasailing or fishing. Sporting thrill seekers will get an adrenaline rush from our acrobatic bungee trampoline, ATV RIDE - 15 MINUTESs or mountain biking. Immerse yourself in our endless activities during your stay in Angsana

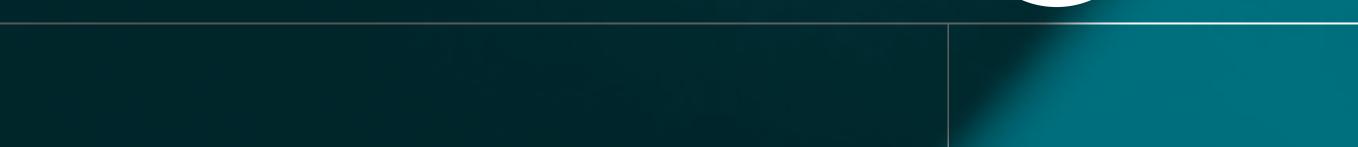
Lăng Cô! Activities & Water Sports

DISCOVER NOW

Complimentary Activities

DISCOVER NOW









Rangers' Kid Club

Your children will be excited to kick off their day after enjoying a delicious breakfast. Angsana Lang Co offers supervised play care where kids can engage in activities like drawing, colouring, crafting vibrant lanterns, creating new items from recycled materials, and more. Additionally, there are outdoor pursuits such as swimming lessons, pool games, and board and console games to keep them entertained.

SEE SCHEDULE

Operation hours: 9:00 AM - 5:00 PM



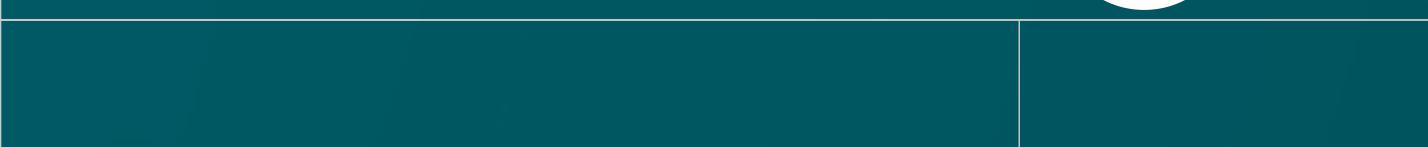




101 Things To Do

Discover Angsana Lang Co, the perfect destination for families with its wide range of kids-friendly facilities and activities. From the signature Rangers' Club to 300-metre mega free-form resort pool, and "101 Things to Do" featuring educational and water sports activities; there are plenty of options for family fun.





DISCOVER NOW

RESORT BOOKLET



Celebration Menus

Featuring state-of-the-art facilities, stylish accommodations, and innovative dining experiences, Angsana Lang Co offers you an inspiring beach setting for any kind of celebration, whether a private birthday party, social gathering, landmark anniversary, or family reunion.









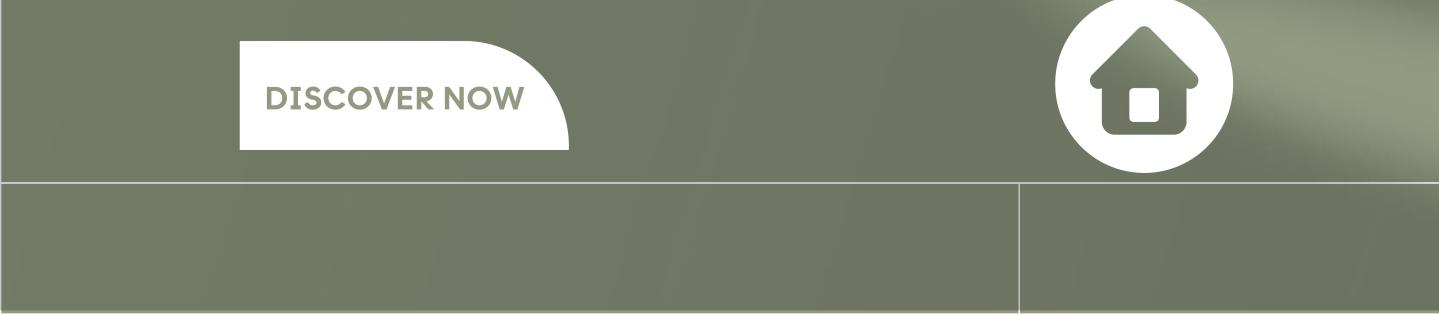
RESORT BOOKLET



Biodiversity for Family

At Angsana Lang Co, we believe in creating longterm value and making a meaningful impact on destinations and communities.

We hope to raise awareness of respecting and preserving biodiversity, reconnect you and your loved ones with Mother Nature, and inspire our little guests to be mindful of the natural world around them.







Shuttle Boat

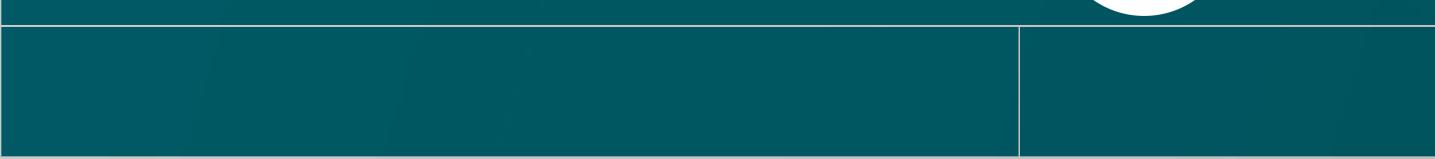
Wander amidst the lush and unspoiled greenery.

From An	igsana Jetty
8:30	14:00
9:00	14:30
9:30	15:00
10:00	15:30
10:30	16:00
11:00	16:30

From Banyan Tree Jetty

8:45	14:15
9:15	14:45
9:45	15:15
10:15	15:45
10:45	16:15
11:15	16:45







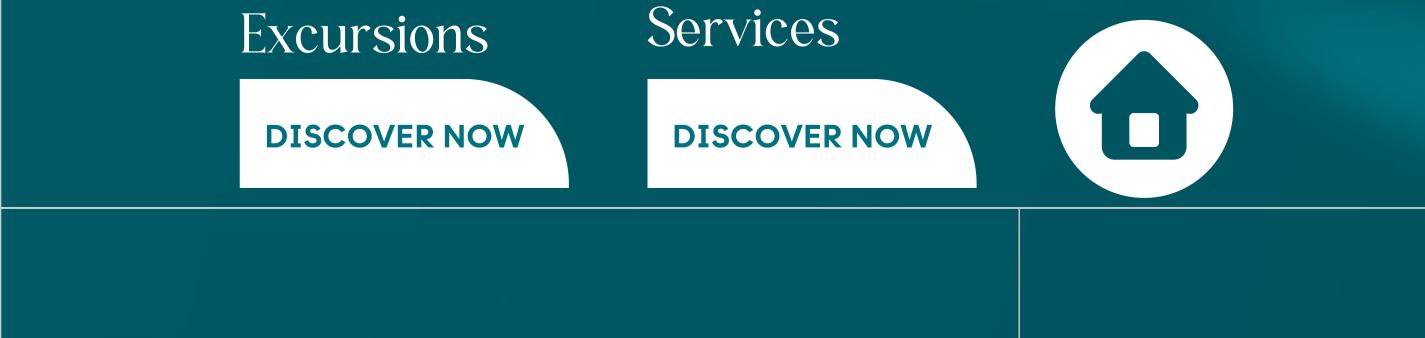


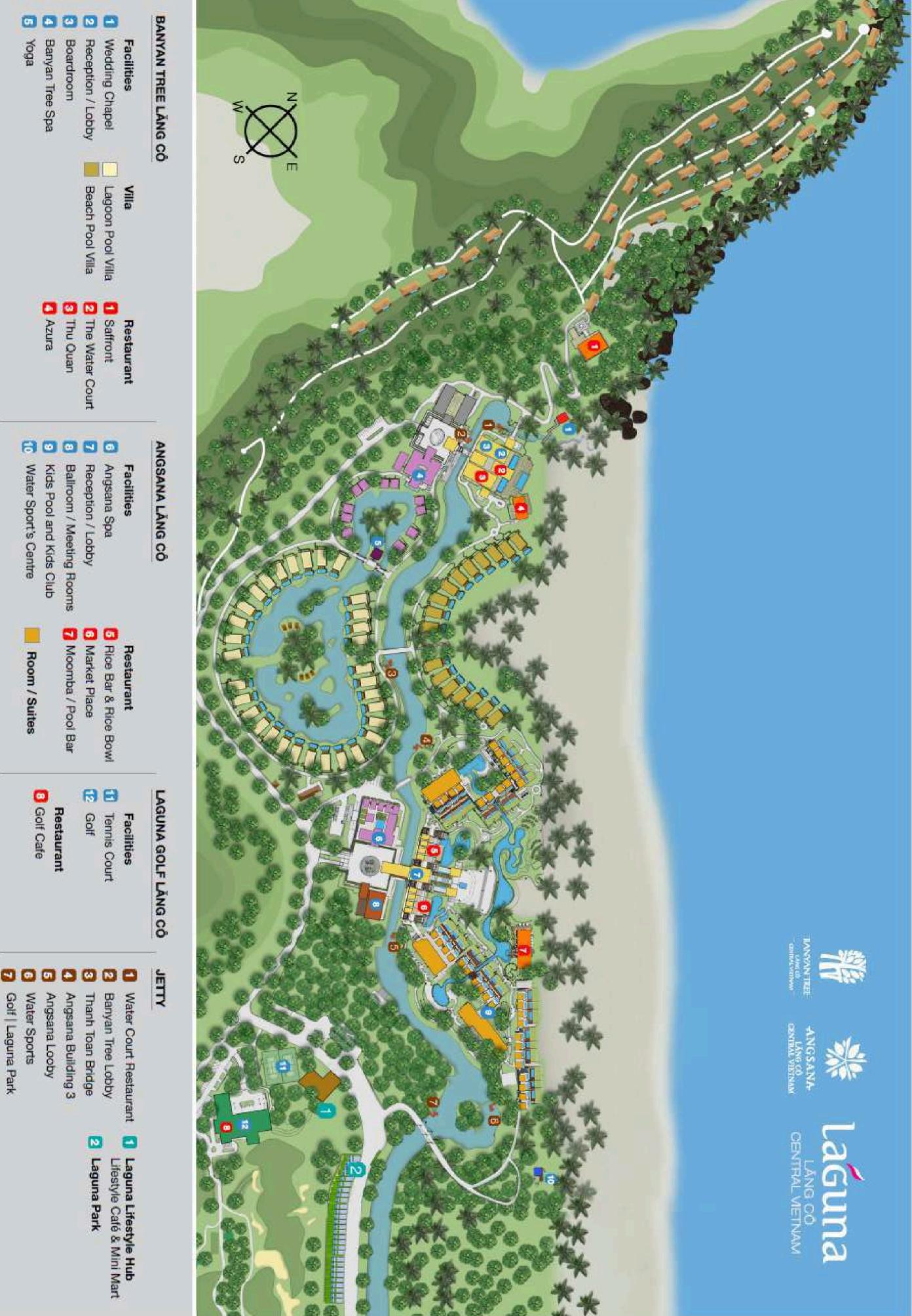
The journey from Banyan Tree Lang Co to the trifecta of Hoi An - Danang - Hue allows you to easily access the unspoiled greenery, vibrant streets, and captivating culture.

Explore the culturally rich beauty of Central Vietnam, from the UNESCO World Heritage Sites of the Citadel of Hue, the charming Hoi An Ancient Town, the historical My Son Sanctuary to the natural wonders of Bach Ma National Park with our diverse tours and excursions.

Tours & Excursions

Shuttle







RESORT MAP



DAILY ACTIVITIES

Monday

Tuesday

Wednesday



Friday

Saturday

Sunday

The schedule is subject to availability, weather conditions, change or cancellation at the time of booking.

Terms and conditions apply. For more information, please get in touch with our Reception desk.

TERMS AND CONDTIONS



Monday

- 7:00 8:00 AQUATIC EXERCISE Venue: Diving Pool (Maximum 6 people)
- 8:15 9:15 CHEST OPENING YOGA (BEGINNER) Venue: Yoga Pavilion (Maximum 8 people) VND 200,000 Nett/person
- 8:30 9:30 SUP PADDLE 20 MINUTES Venue: Water Sport Centre (Maximum 12 people)
- 9:00 10:00 POOL TREASURE HUNT * Venue: Angsana Pool (Maximum 8 people)
- 9:00 11:00 CYCLING TOUR: FISHING VILLAGE Departure: Lobby (Minimum 2 people, Maximum 8 people) VND 800,000 Nett/person

9:30 - 10:30	KAYAK PADDLE - 20 MINUTES Venue: Water Sport Centre (Maximum 30 people)
10:00 - 11:00	MARBLE GAMES * Venue: Ballroom (Maximum 8 people)
11:00 - 12:00	A GUIDE TO VIETNAMESE COFFEE: PHIN FILTER DRIP COFFEE Venue: Market Place (Maximum 8 people)
11:00 - 13:00	HOW TO RIDE SUP - 45 MINUTES Venue: Water Sport Centre (Maximum 8 people)
12:00 - 13:00	A GUIDE TO VIETNAMESE COFFE: COCONUT COFFEE Venue: Water Court (Minimum 2 people) VND 200,000 Nett/person
13:00 - 13:30	ARCHERY - 15 MINUTES Venue: Water Sport Centre (Maximum 16 people)



Please tap the button "MORE DETAILS"

for more information of the activities.

Monday

- 13:00 14:00 TOWEL ANIMAL FOLDING ARTISTRY Venue: Market Place (Maximum 6 people)
- 13:00 14:00 CALLIGRAPHY ART Venue: Ballroom Foyer (Maximum 6 people)
- 14:00 15:00 RELAXATION YOGA Venue: Yoga Pavilion (Maximum 8 people) VND 200,000 Nett/person
- 14:00 14:30 VIETNAMESE TRADITIONAL BAMBOO DANCE Venue: Banyan Tree Pool
- 14:00 15:00 YOUR-MIXOLOGIST-SELF: COCKTAILS Venue: Thu Quan (Minimum 2 people) VND 350,000 Nett/person
- $1/1 \cdot 00 = 15 \cdot 00$ UAND EMPROTOEDV WORKSHOP

14.00 - 13.00	HAND EMBRUIDERT WORKSHOP
	Venue: Banyan Tree Gallery (Maximum 5 people)

14:00 - 15:00 LAGUNA FAT BIKE DISCOVERY TOUR Venue: Water Sport Centre (Maximum 8 people) VND 300,000 Nett/person

15:00 - 16:00 COOKING CLASS: STEAMED TAPIOCA FLOUR CAKE Departure: Water Court (Minimum 2 people, Maximum 8 people) VND 500,000 Nett/person

15:00 - 16:00 HOW TO MAKE HOT CHOCOLATE Venue: Thu Quan (Minimum 2 people) VND 200,000 Nett/person

15:00 - 16:00 HOW TO MAKE THAI TEA Venue: Saffron (Minimum 2 people) VND 150,000 Nett/person

15:00 - 16:00 ATV RIDE - 15 MINUTES Venue: Water Sport Centre (Maximum 9 people) VND 600,000 Nett/person

Please tap the button "MORE DETAILS"

for more information of the activities.

Monday

- 16:00 17:00 DART TOURNAMENT * Venue: Ballroom Foyer (Maximum 10 people)
- 16:00 17:00 DETOX & JUICE MAKING CLASS Venue: Rice Bar (Maximum 8 people) VND 180,000 Nett/person
- CANDLE MAKING WORKSHOP 16:00 - 17:00 Venue: Angsana Gallery (Maximum 5 people) VND 280,000 Nett/person
- 16:30 17:15 DEEP RELAXATION Venue: Yoga Pavilion (Maximum 8 people)
- 17:00 18:00 BOOTCAMP Venue: Ballroom Garden (Maximum 6 people)
- MINI PLANT POT PAINTING

18:00 - 19:00

Venue: Handicraft Corner (Maximum 6 people) VND 175,000 Nett/person



Please tap the button "MORE DETAILS"

for more information of the activities.

Tuesday

- 7:00 8:00 JOGGING TRAIL click <u>HERE</u> to view the map Venue: Ballroom Garden (Maximum 6 people)
- 8:30 9:30 SUP PADDLE 20 MINUTES Venue: Water Sport Centre (Maximum 12 people)
- 8:30 10:30 STAY FOR GOOD: ELDERLY CARE Departure: Hotel Lobby (Maximum 4 people)
- 9:00 10:00 LET'S LEARN TO SWIM Departure: Diving Pool (Maximum 6 people)
- 9:00 11:00 PADDLING TOUR: FISHING VILLAGE Departure: Lobby (Minimum 2 people, Maximum 8 people) VND 650,000 Nett/person
- 0.20 = 10.20 KAVAK PADDLE = 20 MINUTES

0.00 10.00	Venue: Water Sport Centre (Maximum 30 people)
10:00 - 11:00	TAI CHI Venue: Yoga Pavillion (Maximum 6 people) VND 200,000 Nett/person
11:00 - 12:00	A GUIDE TO VIETNAMESE COFFEE: PHIN FILTER DRIP COFFEE Venue: Market Place (Maximum 8 people)
11:00 - 13:00	HOW TO RIDE SUP - 45 MINUTES Venue: Water Sport Centre (Maximum 8 people)
12:00 - 13:00	A GUIDE TO VIETNAMESE COFFE: COCONUT COFFEE Venue: Water Court (Minimum 2 people) VND 200,000 Nett/person
13:00 - 13:30	ARCHERY - 15 MINUTES Venue: Water Sport Centre (Maximum 16 people)
13:00 - 14:00	RECYCLED PAPER CUP ART Venue: Ballroom Foyer (Maximum 6 people)

Please tap the button "MORE DETAILS"

for more information of the activities.

Tuesday

- 14:00 15:00 SELF STRETCHING Venue: Yoga Pavilion (Maximum 8 people) VND 200,000 Nett/person
- 14:00 15:00 BIRD WATCHING Venue: Bird Gallery (Maximum 6 people)
- 14:00-15:00 YOUR-MIXOLOGIST-SELF: COCKTAILS Venue: Thu Quan (Minimum 2 people) VND 350,000 Nett/person
- 14:00 15:00 HAND EMBROIDERY WORKSHOP Venue: Banyan Tree Gallery (Maximum 5 people)
- 14:00 15:00 LAGUNA FAT BIKE DISCOVERY TOUR Venue: Water Sport Centre (Maximum 8 people) VND 300,000 Nett/person

15:00 - 16:00 COOKING CLASS: AGAR AGAR FRUIT JELLY Departure: Market Place (Minimum 2 people, Maximum 8 people) VND 500,000 Nett/person

15:00 - 16:00 HOW TO MAKE HOT CHOCOLATE Venue: Thu Quan (Minimum 2 people) VND 200,000 Nett/person

15:00 - 16:00 HOW TO MAKE THAI TEA Venue: Saffron (Minimum 2 people) VND 150,000 Nett/person

15:00 - 16:00 ATV RIDE - 15 MINUTES Venue: Water Sport Centre (Maximum 9 people) VND 600,000 Nett/person

- 16:00 17:00 TABLE TENNIS TOURNAMENT * Venue: Ballroom Foyer (Maximum 10 people)
- 16:00 17:00 THE ART OF VIETNAMESE TEA Venue: Rice Bar (Maximum 8 people)

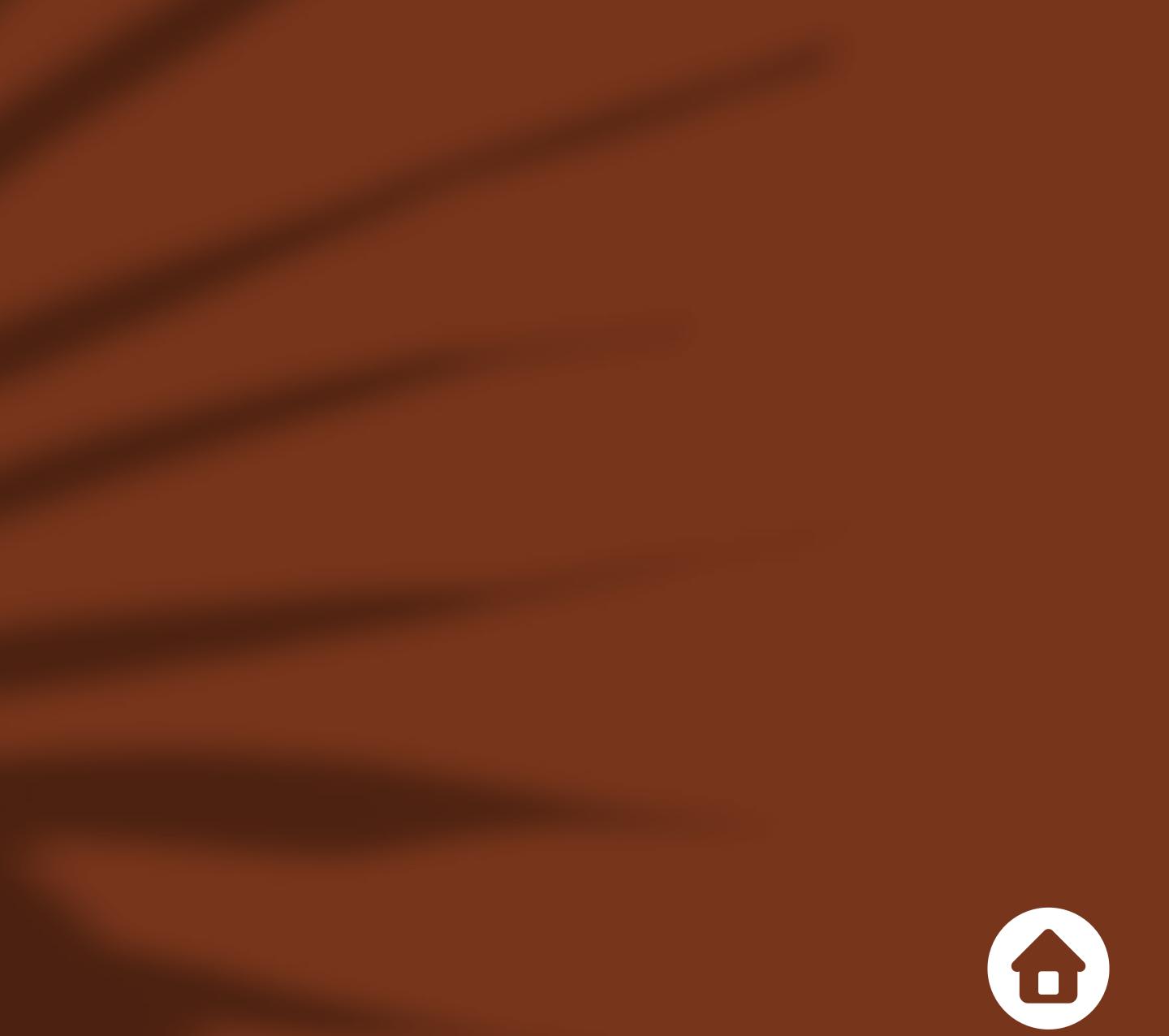


Please tap the button "MORE DETAILS"

for more information of the activities.

Tuesday

- 16:00 17:00 CANDLE MAKING WORKSHOP Venue: Angsana Gallery (Maximum 5 people) VND 280,000 Nett/person
- 17:00 18:00 TABATA WORKOUT Venue: Ballroom Garden (Maximum 6 people)
- 18:00 19:00 BAMBOO CUP PAINTING Venue: Handicraft Corner (Maximum 6 people) VND 205,000 Nett/person



Please tap the button "MORE DETAILS"

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Wednesday

- 7:00 8:00 TOTAL BODY WORKOUT Venue: Wedding Chapel Lawn (Maximum 6 people)
- 8:30 9:30 SUP PADDLE 20 MINUTES Venue: Water Sport Centre (Maximum 12 people)
- 8:30 10:30 STAY FOR GOOD: DISABLED CHILD CARE Departure: Hotel Lobby (Maximum 12 people)
- 9:00 10:00 CANAL FISHING Venue: Jetty House (Maximum 6 people)
- 9:00 11:00 CYCLING TOUR: FISHING VILLAGE Departure: Lobby (Minimum 2 people, Maximum 8 people) VND 800,000 Nett/person
- 9:30 10:30 KAYAK PADDLE 20 MINUTES Venue: Water Sport Centre (Maximum 30 people)
 10:00 - 11:00 PHOTOGRAPHY AND CYCLING TOUR Departure: Banyan Tree Lobby (Maximum 6 people)
 11:00 - 12:00 A GUIDE TO VIETNAMESE COFFEE: PHIN FILTER DRIP COFFEE Venue: Market Place (Maximum 8 people)
- 11:00 13:00 HOW TO RIDE SUP 45 MINUTES Venue: Water Sport Centre (Maximum 8 people)
- 12:00 13:00 A GUIDE TO VIETNAMESE COFFE: COCONUT COFFEE Venue: Water Court (Minimum 2 people) VND 200,000 Nett/person
- 13:00 13:30 ARCHERY 15 MINUTES Venue: Water Sport Centre (Maximum 16 people)
- 13:00 14:00 RECYCLED PAPER MAKING Venue: Ballroom Foyer (Maximum 6 people)



Please tap the button "MORE DETAILS"

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Wednesday

- 14:00 15:00 PARTNER MASSAGE Venue: Yoga Pavilion (Maximum 8 people) VND 200,000 Nett/person
- 14:00 15:00 LET'S SPEAK VIETNAMESE Venue: Water Court (Maximum 6 people)
- 14:00 15:00 YOUR-MIXOLOGIST-SELF: COCKTAILS Venue: Thu Quan (Minimum 2 people) VND 350,000 Nett/person
- 14:00 15:00 HAND EMBROIDERY WORKSHOP Venue: Banyan Tree Gallery (Maximum 5 people)
- 14:00 15:00 LAGUNA FAT BIKE DISCOVERY TOUR Venue: Water Sport Centre (Maximum 8 people) VND 300,000 Nett/person

15:00 - 16:00 COOKING CLASS: MAKI ROLL Departure: Rice Bar (Minimum 2 people, Maximum 8 people) VND 500,000 Nett/person

15:00 - 16:00 HOW TO MAKE HOT CHOCOLATE Venue: Thu Quan (Minimum 2 people) VND 200,000 Nett/person

15:00 - 16:00 HOW TO MAKE THAI TEA Venue: Saffron (Minimum 2 people) VND 150,000 Nett/person

15:00 - 16:00 ATV RIDE - 15 MINUTES Venue: Water Sport Centre (Maximum 9 people) VND 600,000 Nett/person

16:00 - 17:00 CHESS TOURNAMENT * Venue: Thu Quan (Maximum 8 people)

16:00 - 17:00 YOUR-MIXOLOGIST-SELF: MOCKTAILS Venue: Rice Bar (Maximum 8 people) VND 150,000 Nett/person

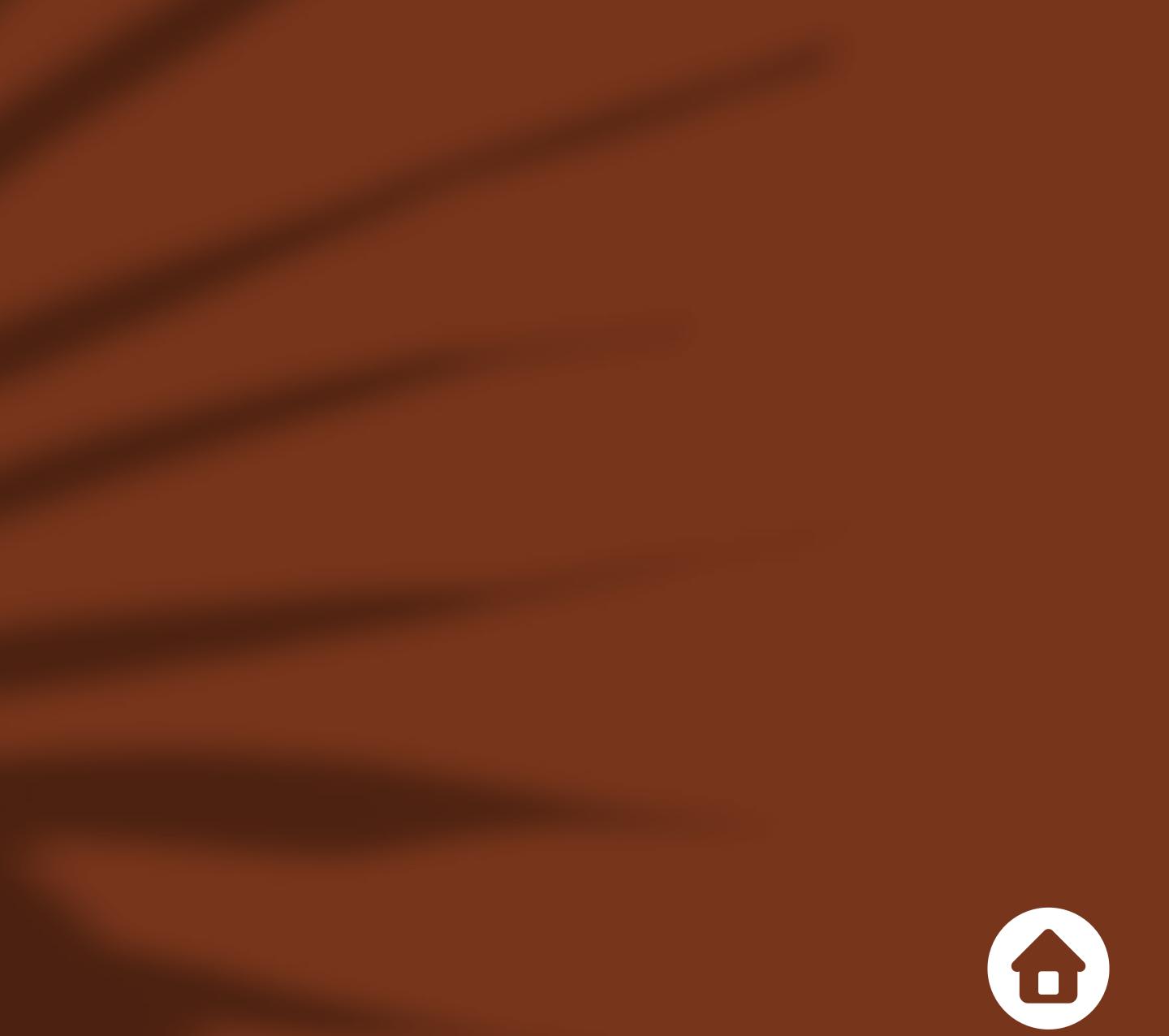


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Wednesday

- 16:00 17:00 CANDLE MAKING WORKSHOP Venue: Angsana Gallery (Maximum 5 people) VND 280,000 Nett/person
- 17:00 18:00 FIRM ABS WORKOUT Venue: Ballroom Garden (Maximum 6 people)
- 18:00 19:00 RICE GRAIN PAINTING Venue: Handicraft Corner (Maximum 6 people) VND 205,000 Nett/person



Please tap the button "MORE DETAILS"

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Thursday

- 7:00 8:00 JOGGING TRAIL click <u>HERE</u> to view the map Venue: Ballroom Garden (Maximum 6 people)
- 8:15 9:15 BODY BALANCE YOGA (BEGINNER) Venue: Yoga Pavilion (Maximum 8 people) VND 200,000 Nett/person
- 8:30 9:30 SUP PADDLE 20 MINUTES Venue: Water Sport Centre (Maximum 12 people)
- 9:00 10:00 LET'S LEARN TO SWIM Venue: Diving Pool (Maximum 6 people)
- 9:00 11:00 PADDLING TOUR: FISHING VILLAGE Departure: Lobby (Minimum 2 people, Maximum 8 people) VND 650,000 Nett/person

9:25 - 11:25	STAY FOR GOOD: ENGLISH IS FUN Venue: Hotel Lobby (Maximum 12 people)
9:30 - 10:30	KAYAK PADDLE - 20 MINUTES Venue: Water Sport Centre (Maximum 30 people)
10:00 - 11:00	TAI CHI Venue: Yoga Pavillion (Maximum 6 people) VND 200,000 Nett/person
11:00 - 12:00	A GUIDE TO VIETNAMESE COFFEE: PHIN FILTER DRIP COFFEE Venue: Market Place (Maximum 8 people)
11:00 - 13:00	HOW TO RIDE SUP - 45 MINUTES Venue: Water Sport Centre (Maximum 8 people)
12:00 - 13:00	A GUIDE TO VIETNAMESE COFFE: COCONUT COFFEE Venue: Water Court (Minimum 2 people) VND 200,000 Nett/person



Please tap the button "MORE DETAILS"

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Thursday

- **ARCHERY 15 MINUTES** 13:00 - 13:30 Venue: Water Sport Centre (Maximum 16 people)
- 13:00 14:00 RECYCLED PAPER CUP ART Venue: Ballroom Foyer (Maximum 6 people)
- BACKBEND YOGA (ADVANCED) 14:00 - 15:00 Venue: Yoga Pavilion (Maximum 8 people) VND 200,000 Nett/person
- 14:00 15:00 **BIRD WATCHING** Venue: Bird Gallery (Maximum 6 people)
- 14:00-15:00 YOUR-MIXOLOGIST-SELF: COCKTAILS Venue: Thu Quan (Minimum 2 people) VND 350,000 Nett/person

14:00-15:00	HAND EMBROIDERY WORKSHOP Venue: Banyan Tree Gallery (Maximum 5 people)
14:00-15:00	LAGUNA FAT BIKE DISCOVERY TOUR Venue: Water Sport Centre (Maximum 8 people) VND 300,000 Nett/person
15:00 - 16:00	COOKING CLASS: STEAMED RICE FLOUR ROLL Departure: Water Court (Minimum 2 people, Maximum 8 people) VND 500,000 Nett/person
15:00 - 16:00	HOW TO MAKE HOT CHOCOLATE Venue: Thu Quan (Minimum 2 people) VND 200,000 Nett/person
15:00 - 16:00	HOW TO MAKE THAI TEA Venue: Saffron (Minimum 2 people) VND 150,000 Nett/person
15:00 - 16:00	ATV RIDE - 15 MINUTES Venue: Water Sport Centre (Maximum 9 people) VND 600,000 Nett/person

Please tap the button "MORE DETAILS"

for more information of the activities.

Thursday

- 16:00 17:00 **TABLE TENNIS TOURNAMENT *** Venue: Ballroom Foyer (Maximum 10 people)
- 16:00 17:00 DETOX & JUICE MAKING CLASS Venue: Rice Bar (Maximum 8 people) VND 180,000 Nett/person
- 16:00 17:00 CANDLE MAKING WORKSHOP Venue: Angsana Gallery (Maximum 5 people) VND 280,000 Nett/person
- GRATITUDE MEDITATION 16:30 - 17:15 Venue: Yoga Pavilion (Maximum 8 people)
- 17:00 18:00 TABATA WORKOUT Venue: Ballroom Garden (Maximum 6 people)
- 18:00 19:00 LANTERN MAKING WORKSHOP

Venue: Handicraft Corner (Maximum 6 people) VND 240,000 Nett/person



Please tap the button "MORE DETAILS"

for more information of the activities.

Friday

- 7:00 8:00 AQUATIC EXERCISE Venue: Diving Pool (Maximum 6 people)
- 8:15 9:15 STRESS RELIEF YOGA (INTERMEDIATE) Venue: Yoga Pavilion (Maximum 8 people) VND 200,000 Nett/person
- 8:30 9:30 SUP PADDLE 20 MINUTES Venue: Water Sport Centre (Maximum 12 people)
- 9:00 10:00 POOL TREASURE HUNT * Venue: Angsana Pool (Maximum 8 people)
- 9:00 11:00 CYCLING TOUR: FISHING VILLAGE Departure: Lobby (Minimum 2 people, Maximum 8 people) VND 800,000 Nett/person

9:30 - 10:30	KAYAK PADDLE - 20 MINUTES Venue: Water Sport Centre (Maximum 30 people)
10:00 - 11:00	MARBLE GAMES * Venue: Ballroom (Maximum 8 people)
11:00 - 12:00	A GUIDE TO VIETNAMESE COFFEE: PHIN FILTER DRIP COFFEE Venue: Market Place (Maximum 8 people)

- 11:00 13:00 HOW TO RIDE SUP 45 MINUTES Venue: Water Sport Centre (Maximum 8 people)
- 12:00 13:00 A GUIDE TO VIETNAMESE COFFE: COCONUT COFFEE Venue: Water Court (Minimum 2 people) VND 200,000 Nett/person
- 13:00 13:30 ARCHERY 15 MINUTES Venue: Water Sport Centre (Maximum 16 people)
- 13:00 14:00 CALLIGRAPHY ART Venue: Ballroom Foyer (Maximum 6 people)



Please tap the button "MORE DETAILS"

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Friday

- 13:00 14:00 TOWEL ANIMAL FOLDING ARTISTRY Venue: Market Place (Maximum 6 people)
- 14:00 15:00 HIP OPENING YOGA (INTERMEDIATE) Venue: Yoga Pavilion (Maximum 8 people) VND 200,000 Nett/person
- 14:00 14:30 VIETNAMESE TRADITIONAL BAMBOO DANCE Venue: Banyan Tree Pool
- 14:00 15:00 YOUR-MIXOLOGIST-SELF: COCKTAILS Venue: Thu Quan (Minimum 2 people) VND 350,000 Net/person
- 14:00 15:00 HAND EMBROIDERY WORKSHOP Venue: Banyan Tree Gallery (Maximum 5 people)
- 14:00 15:00 LAGUNA FAT BIKE DISCOVERY TOUR Venue: Water Sport Centre (Maximum 8 people) VND 300,000 Nett/person
- 15:00 16:00 COOKING CLASS: THAI SALAD "SOM TOM" Departure: Saffron (Minimum 2 people, Maximum 8 people) VND 500,000 Nett/person
- 15:00 16:00 HOW TO MAKE HOT CHOCOLATE Venue: Thu Quan (Minimum 2 people) VND 200,000 Nett/person
- 15:00 16:00 HOW TO MAKE THAI TEA Venue: Saffron (Minimum 2 people) VND 150,000 Nett/person
- 15:00 16:00 ATV RIDE 15 MINUTES Venue: Water Sport Centre (Maximum 9 people) VND 600,000 Nett/person



Please tap the button "MORE DETAILS"

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Friday

- 16:00 17:00 DART TOURNAMENT * Venue: Ballroom Foyer (Maximum 10 people)
- 16:00 17:00 KOMBUCHA MAKING CLASS Venue: Rice Bar (Maximum 8 people) VND 150,000 Nett/person
- CANDLE MAKING WORKSHOP 16:00 - 17:00 Venue: Angsana Gallery (Maximum 5 people) VND 280,000 Nett/person
- MANTRA MEDITATION 16:30 - 17:15 Venue: Yoga Pavilion (Maximum 8 people)
- BOOTCAMP 17:00 - 18:00 Venue: Ballroom Garden (Maximum 6 people)
- <u>18:00 19:00</u> CONICAL HAT PAINTING

Venue: Handicraft Corner (Maximum 6 people) VND 215,000 Nett/person

Please tap the button "MORE DETAILS"

for more information of the activities.

MORE DETAILS

Saturday

- 7:00 8:00 JOGGING TRAIL click <u>HERE</u> to view the map Venue: Ballroom Garden (Maximum 6 people)
- 8:15 9:15 HATHA YOGA (BEGINNER) Venue: Yoga Pavilion (Maximum 8 people) VND 200,000 Nett/person
- 8:30 9:30 SUP PADDLE 20 MINUTES Venue: Water Sport Centre (Maximum 12 people)
- 9:00 10:00 LET'S LEARN TO SWIM Venue: Diving Pool (Maximum 6 people)
- 9:00 11:00 PADDLING TOUR: FISHING VILLAGE Departure: Lobby (Minimum 2 people, Maximum 8 people) VND 650,000 Nett/person

9:30 - 10:30	KAYAK PADDLE - 20 MINUTES
	Venue: Water Sport Centre (Maximum 30 people)

10:00 - 11:00 TAI CHI Venue: Yoga Pavillion (Maximum 6 people) VND 200,000 Nett/person

11:00 – 12:00 A GUIDE TO VIETNAMESE COFFEE: PHIN FILTER DRIP COFFEE Venue: Market Place (Maximum 8 people)

11:00 – 13:00 HOW TO RIDE SUP - 45 MINUTES Venue: Water Sport Centre (Maximum 8 people)

12:00 - 13:00 A GUIDE TO VIETNAMESE COFFE: COCONUT COFFEE Venue: Water Court (Minimum 2 people) VND 200,000 Nett/person

13:00 – 13:30 ARCHERY - 15 MINUTES Venue: Water Sport Centre (Maximum 16 people)



Please tap the button "MORE DETAILS"

for more information of the activities.

Saturday

- 13:00 14:00 RECYCLED PAPER MAKING Venue: Ballroom Foyer (Maximum 6 people)
- 14:00 15:00 ASHTANGA STRENGTH YOGA (ADVANCED) Venue: Yoga Pavilion (Maximum 8 people) VND 200,000 Nett/person
- 14:00 15:00 BIRD WATCHING Venue: Bird Gallery (Maximum 6 people)
- 14:00-15:00 YOUR-MIXOLOGIST-SELF: COCKTAILS Venue: Thu Quan (Minimum 2 people) VND 350,000 Nett/person
- 14:00–15:00 HAND EMBROIDERY WORKSHOP Venue: Banyan Tree Gallery (Maximum 5 people)
- 14:00-15:00 LAGUNA FAT BIKE DISCOVERY TOUR Venue: Water Sport Centre (Maximum 8 people) VND 300,000 Nett/person
- 15:00 16:00 COOKING CLASS: ITALIAN PIZZA Departure: Azura (Minimum 2 people, Maximum 8 people) VND 500,000 Nett/person
- 15:00 16:00 HOW TO MAKE HOT CHOCOLATE Venue: Thu Quan (Minimum 2 people) VND 200,000 Nett/person
- 15:00 16:00 HOW TO MAKE THAI TEA Venue: Saffron (Minimum 2 people) VND 150,000 Nett/person
- 15:00 16:00 ATV RIDE 15 MINUTES Venue: Water Sport Centre (Maximum 9 people) VND 600,000 Nett/person
- 16:00 17:00 TABLE TENNIS TOURNAMENT * Venue: Ballroom Foyer (Maximum 10 people)



Please tap the button "MORE DETAILS"

for more information of the activities.

Saturday

- 16:00 17:00 THE ART OF VIETNAMESE TEA Venue: Rice Bar (Maximum 8 people)
- 16:00 17:00 CANDLE MAKING WORKSHOP Venue: Angsana Gallery (Maximum 5 people) VND 280,000 Nett/person
- 16:30 17:15 BODY SCAN MEDITATION Venue: Yoga Pavilion (Maximum 8 people)
- 17:00 18:00 TABATA WORKOUT Venue: Ballroom Garden (Maximum 6 people)
- 18:00 19:00 LOTUS PAPER MAKING Venue: Handicraft Corner (Maximum 6 people) VND 190,000 Nett/person

Please tap the button "MORE DETAILS"

for more information of the activities.

Sunday

- 7:00 8:00 TOTAL BODY WORKOUT Venue: Wedding Chapel Lawn (Maximum 6 people)
- 8:15 9:15 SUN SALUTATION (INTERMEDIATE) Venue: Yoga Pavilion (Maximum 8 people) VND 200,000 Nett/person
- 8:30 9:30 SUP PADDLE 20 MINUTES Venue: Water Sport Centre (Maximum 12 people)
- 9:00 10:00 CANAL FISHING Venue: Jetty House (Maximum 6 people)
- 9:00 11:00 CYCLING TOUR: FISHING VILLAGE Departure: Lobby (Minimum 2 people, Maximum 8 people) VND 800,000 Nett/person

9:30 - 10:30	KAYAK PADDLE - 20 MINUTES Venue: Water Sport Centre (Maximum 30 people)
10:00 - 11:00	PHOTOGRAPHY AND CYCLING TOUR Departure: Banyan Tree Lobby (Maximum 6 people)
11:00 - 12:00	A GUIDE TO VIETNAMESE COFFEE: PHIN FILTER DRIP COFFEE Venue: Market Place (Maximum 8 people)
11:00 - 13:00	HOW TO RIDE SUP - 45 MINUTES Venue: Water Sport Centre (Maximum 8 people)
12:00 - 13:00	A GUIDE TO VIETNAMESE COFFE: EGG COFFEE Venue: Water Court (Minimum 2 people) VND 200,000 Nett/person
13:00 - 13:30	ARCHERY - 15 MINUTES Venue: Water Sport Centre (Maximum 16 people)
13:00 - 14:00	RECYCLED PAPER CUP ART Venue: Ballroom Foyer (Maximum 6 people)

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Sunday

- 14:00 15:00 MOON SALUTATION Venue: Yoga Pavilion (Maximum 8 people) VND 200,000 Nett/person
- 14:00 15:00 LET'S SPEAK VIETNAMESE Venue: Water Court (Maximum 6 people)
- 14:00-15:00 YOUR-MIXOLOGIST-SELF: COCKTAILS Venue: Thu Quan (Minimum 2 people) VND 350,000 Nett/person
- 14:00–15:00 HAND EMBROIDERY WORKSHOP Venue: Banyan Tree Gallery (Maximum 5 people)
- 14:00-15:00 LAGUNA FAT BIKE DISCOVERY TOUR Venue: Water Sport Centre (Maximum 8 people) VND 300,000 Nett/person

15:00 - 16:00 COOKING CLASS: CUP CAKE Departure: Market Place (Minimum 2 people, Maximum 8 people) VND 500,000 Nett/person

15:00 - 16:00 HOW TO MAKE HOT CHOCOLATE Venue: Thu Quan (Minimum 2 people) VND 200,000 Nett/person

15:00 - 16:00 HOW TO MAKE THAI TEA Venue: Saffron (Minimum 2 people) VND 150,000 Nett/person

15:00 - 16:00 ATV RIDE - 15 MINUTES Venue: Water Sport Centre (Maximum 9 people) VND 600,000 Nett/person

16:00 - 17:00 CHESS TOURNAMENT * Venue: Thu Quan (Maximum 8 people)



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Sunday

- 16:00 17:00 YOUR-MIXOLOGIST-SELF: MOCKTAILS Venue: Rice Bar (Maximum 8 people) VND 150,000 Nett/person
- 16:00 17:00 CANDLE MAKING WORKSHOP Venue: Angsana Gallery (Maximum 5 people) VND 280,000 Nett/person
- 16:30 17:15 MINDFUL BREATHING Venue: Yoga Pavilion (Maximum 8 people)
- 17:00 18:00 FIRM ABS WORKOUT Venue: Ballroom Garden (Maximum 6 people)
- 18:00 19:00 TOTE BAG PAINTING Venue: Handicraft Corner (Maximum 6 people) VND 205,000 Nett/person



Please tap the button "MORE DETAILS"

for more information of the activities.

Terms and Conditions

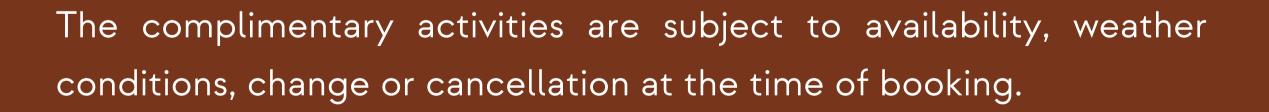
- All prices are per person and inclusive of service charges and taxes
- Activities marked with * will come with a prize for the winner
- Handicraft Corner is available from 9:00 to 20:00
- Boardgames are available at the Ballroom Foyer/ Thu Quan or at your preferred location
- All activities require 3 hours of booking in advance and are subject to availability
- Cooking Classes require 24 hours of booking in advance with confirmed dishes
- A full charge is applied for cancellation less than 1 hour prior to the booking time for all chargeable activities
- For more information or reservations, please contact Front Desk





COMPLIMENTARY ACTIVITIES

SURF BOARD20 MinutesBOOGIE BOARD20 MinutesOBSTACLE COURSE30 MinutesTENNIS COURT1 HourBADMINTON COURT1 HourMINI FOOTBALL30 Minutes



For more information, please get in touch with our Reception.

