

Lunar New Year 2025

Resort Activity Schedule

Saturday, 25 January 2025

8:15 - 9:15	Hatha Yoga **
14:00 - 15:00	Ashtanga Strength Yoga **
16:00 - 17:00	Body Scan Meditation

Sunday, 26 January 2025

8:15 - 9:15	Sun Salutation **
14:00 - 15:00	Moon Salutation **
16:00 - 17:00	Mindful Breathing

Monday, 27 January 2025

8:15 - 9:15	Chest Opening Yoga **
14:00 - 15:00	Relaxation Yoga **
16:00 - 17:00	Deep Relaxation

** Activities are chargeable



Lunar New Year 2025

Resort Activity Schedule

Tuesday, 28 January 2025

Lunar New Year's Eve

9:00 - 10:00	Traditional Games: Shuttlecock Kicking
10:00 - 11:00	Traditional Toy: To He Making
11:00 - 12:00	Tet Five-fruit Tray Decoration Contest *
13:00 - 14:00	Tet Tree Planting and Wishes
14:00 - 17:00	Neu Pole Erecting Ceremony
	Chung Cake Making **
15:00 - 16:00	Neu Pole Painting Contest *
16:00 - 17:00	Foam & Bubble Party
	Traditional Games: The Feast
17:00 - 18:00	Blind-folded Clay Pot Smashing

* Activities come with a prize for the winner

** Activities are chargeable



Lunar New Year 2025

Resort Activity Schedule

Wednesday, 29 January 2025

First day of Lunar New Year

7:45 - 8:30	Sprit House - Internal Prayers
9:00 - 10:00	Lion Dance
10:00 - 11:00	Pick a Lucky Envelope
11:00 - 12:00	Pagoda Excursion
13:00 - 14:00	Clown & Balloon Art
14:00 - 15:00	Core Strength Yoga
15:00 - 16:00	Bingo Show *
16:00 - 17:00	Foam & Bubble Party
	Traditional Games: The Feast
17:00 - 18:00	Tet Kite Making & Flying

* Activities come with a prize for the winner



Lunar New Year 2025

Resort Activity Schedule

Thursday, 30 January 2025

Second day of Lunar New Year

8:15 - 9:15	Suttle Nidra **
9:00 - 10:00	Traditional Games: Blind Man's Bluff
10:00 - 11:00	Slow Cycling Race *
11:00 - 12:00	Family Conical Hat Painting Contest *
13:00 - 14:00	Clown & Balloon Art
	Calligraphy Given by The Scholar
14:00 - 15:00	Backbend Yoga **
15:00 - 16:00	Gunny Sack Racing *
15:00 - 17:00	Candy Coconut Cooking Class **
16:00 - 17:00	Foam & Bubble Party
	Traditional Games: The Feast
16:30 - 17:30	Gratitude Meditation
17:00 - 18:00	Blind-folded Clay Pot Smashing

* Activities come with a prize for the winner

** Activities are chargeable



Lunar New Year 2025

Resort Activity Schedule

Friday, 31 January 2025

Third day of Lunar New Year

8:15 - 9:15	Sun Salutation **
9:00 - 10:00	Traditional Games: Shuttlecock Kicking
10:00 - 11:00	Traditional Toy: To He Making
11:00 - 12:00	Tet Five-fruit Tray Decoration Contest *
13:00 - 14:00	Traditional Toy: Capture the Flag
14:00 - 15:00	Family T-shirt Painting Contest *
	Hip Opening Yoga **
15:00 - 16:00	Bingo Show *
16:00 - 17:00	Foam & Bubble Party
	Traditional Games: The Feast
16:30 - 17:30	Mantra Meditation
17:00 - 18:00	Tet Kite Making & Flying

* Activities come with a prize for the winner

** Activities are chargeable



Lunar New Year 2025

Resort Activity Schedule

Saturday, 01 February 2025

Fourth day of Lunar New Year

8:15 - 9:15	Yoga Purify **
9:00 - 10:00	Traditional Games: Blind Man's Bluff
10:00 - 11:00	Slow Cycling Race *
11:00 - 12:00	Family Conical Hat Painting Contest *
13:00 - 14:00	Tet Tree Planting and Wishes
14:00 - 15:00	Family T-shirt Painting Contest *
	Ashtanga Strength Yoga **
15:00 - 16:00	Gunny Sack Racing *
16:00 - 17:00	Foam & Bubble Party
	Traditional Games: The Feast
16:30 - 17:30	Mindful Breathing
17:00 - 18:00	Blind-folded Clay Pot Smashing

* Activities come with a prize for the winner

** Activities are chargeable



Activity

Terms & Conditions

- The schedule is subject to availability, weather conditions, change or cancellation at the time of booking
- All activities require 3 hours of booking in advance and are subject to availability
- A full charge is applied for cancellation less than 01 hour prior to the booking time for all chargeable activities
- For more information or reservations, please contact Reservations at +84 234 3 695 944 | Reservations-Langco@angsana.com

