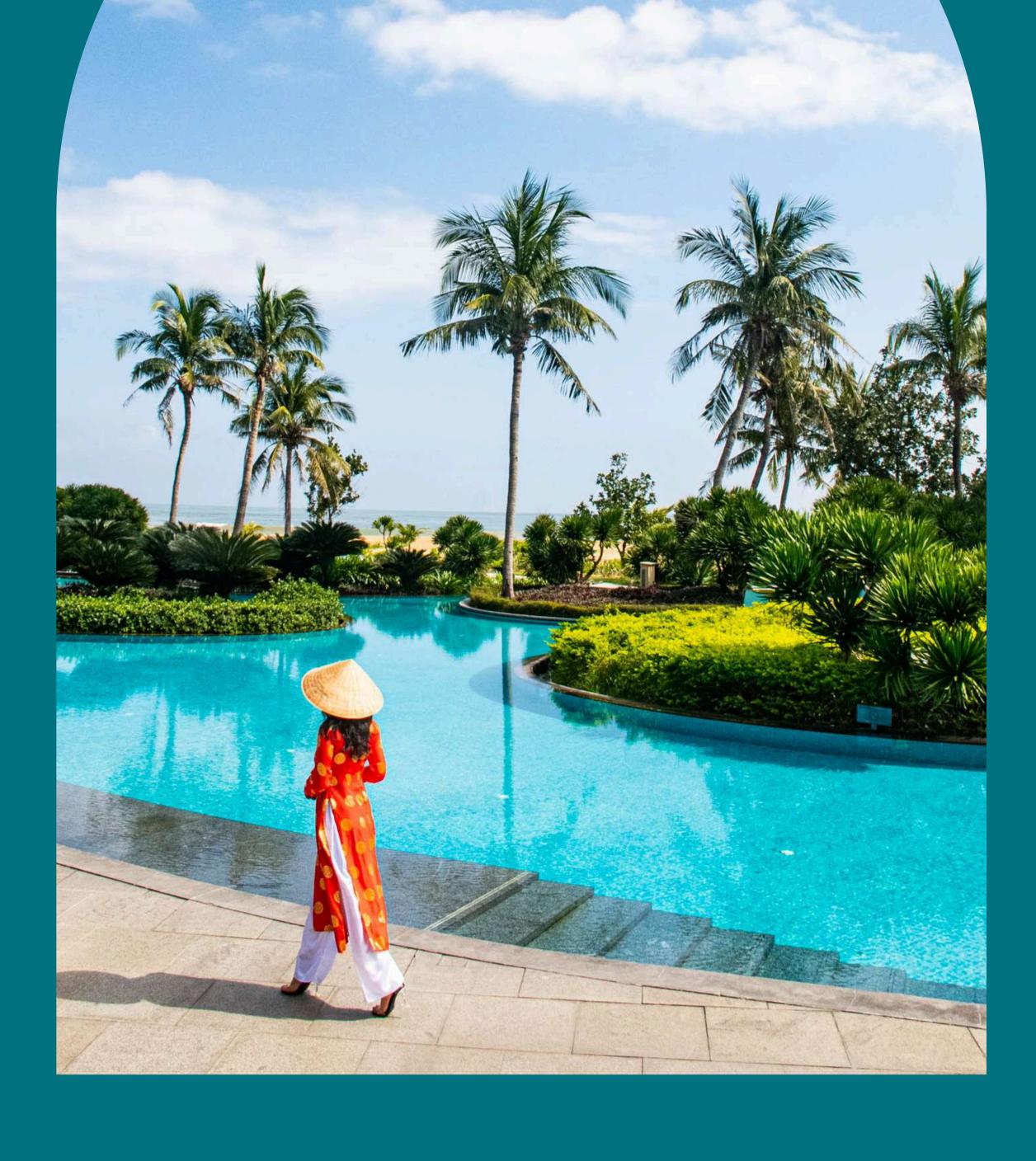


# Resort Information & Activities Booklet





Please tap to explore and navigate through the digital booklet.





#### withBanyan

withBanyan is a different membership programme.

Get rewarded for your sense of adventure and find inspiration as you journey through the world with Banyan.

Register now and enjoy these instant perks:

- a drink on us
- 15-minute Neck and Shoulders massage at Angsana Spa
- complimentary upgrade to the higher room category (subject to availability)

PEGISTER HERE



ANGSANA



#### Dining in Lang Co Bay

Angsana Lang Co caters to all tastes with a choice of four restaurants within our resort. Guests also have access to four more restaurants at our sister property, the Banyan Tree Lăng Cô luxury resort. From international favourites to authentic Vietnamese and Southeast Asian cuisines, all our restaurants bring you some of the finest dining the world has to offer.

ANGSANA

**DISCOVER NOW** 

BANYAN TREE





#### Spa & Wellbeing

Close your eyes. Inhale. Exhale. Recharge.

A statuesque tree found in the tropical rainforest of Asia, the Angsana is best noted for its crown of flowers that burst unexpectedly into a fragrant shower of golden yellow blooms.

The glorious Angsana constantly reminds us to live life and savour every moment as time passes inexorably.

ANGSANA SPA

BANYAN TREE SPA

**DISCOVER NOW** 







#### Laguna Golf Lang Co

As a championship course designed by Sir Nick Faldo, it offers a variety of challenges for players of all levels. Measuring just under 7,100 yards from the championship tees and a beginner-friendly 5,263 yards from the front tees, the course is strategically planned with a traditional out-and-back routing. Players can enjoy varied shot opportunities along the way, leaving them with a unique sense of place in the rustic hinterland destination.



A multitude of entertaining and relaxing activities await you at Angsana Lăng Cô. Skim the gentle waves of the East Sea with water skiing, kayaking, jet skiing, parasailing or fishing. Sporting thrill seekers will get an adrenaline rush from our acrobatic bungee trampoline, ATV RIDE - 15 MINUTESs or mountain biking. Immerse yourself in our endless activities during your stay in Angsana

Lăng Cô! Activities

& Water Sports

Complimentary Activities

**DISCOVER NOW** 



ANGSANA

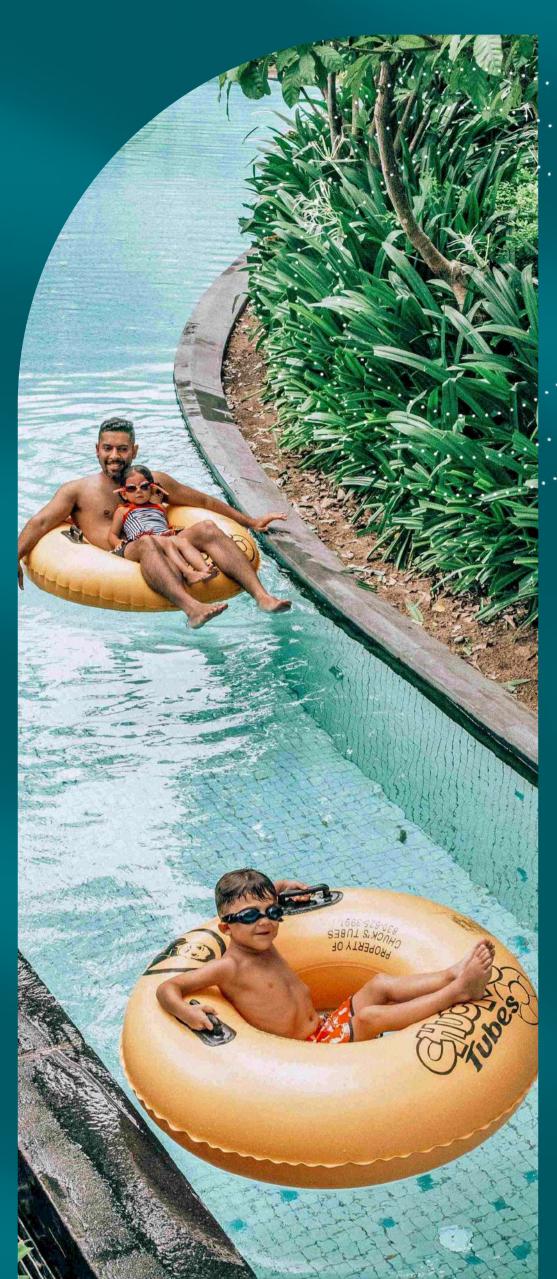


#### Rangers' Kid Club

Your children will be excited to kick off their day after enjoying a delicious breakfast. Angsana Lang Co offers supervised play care where kids can engage in activities like drawing, colouring, crafting vibrant lanterns, creating new items from recycled materials, and more. Additionally, there are outdoor pursuits such as swimming lessons, pool games, and board and console games to keep them entertained.

SEE SCHEDULE

Operation hours: 9:00 AM - 5:00 PM





#### 101 Things To Do

Discover Angsana Lang Co, the perfect destination for families with its wide range of kids-friendly facilities and activities. From the signature Rangers' Club to 300-metre mega free-form resort pool, and "101 Things to Do" featuring educational and water sports activities; there are plenty of options for family fun.





#### Celebration Menus

Featuring state-of-the-art facilities, stylish accommodations, and innovative dining experiences, Angsana Lang Co offers you an inspiring beach setting for any kind of celebration, whether a private birthday party, social gathering, landmark anniversary, or family reunion.







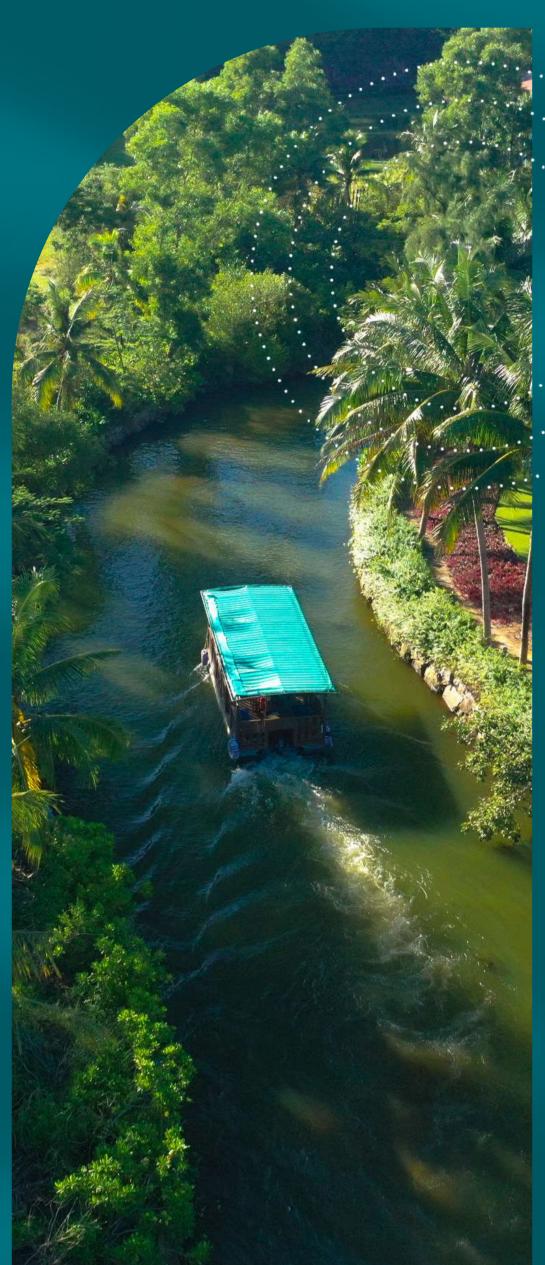
#### Biodiversity for Family

At Angsana Lang Co, we believe in creating longterm value and making a meaningful impact on destinations and communities.

We hope to raise awareness of respecting and preserving biodiversity, reconnect you and your loved ones with Mother Nature, and inspire our little guests to be mindful of the natural world around them.



RESORT BOOKLET





#### Shuttle Boat

Wander amidst the lush and unspoiled greenery.

From Ar	ngsana Jetty
8:30	14:00
9:00	14:30
9:30	15:00
10:00	15:30
10:30	16:00
11:00	16:30

From Ba	nyan Tree Jetty
8:45	14:15
9:15	14:45
9:45	15:15
10:15	15:45
10:45	16:15



16:45

11:15





The journey from Banyan Tree Lang Co to the trifecta of Hoi An - Danang - Hue allows you to easily access the unspoiled greenery, vibrant streets, and captivating culture.

Explore the culturally rich beauty of Central Vietnam, from the UNESCO World Heritage Sites of the Citadel of Hue, the charming Hoi An Ancient Town, the historical My Son Sanctuary to the natural wonders of Bach Ma National Park with our diverse tours and excursions.

Tours &

Shuttle

Excursions

Services

**DISCOVER NOW** 





0 A 0 D A

Boardroom

Reception / Lobby

Beach Pool Villa

Lagoon Pool Villa

Saffront

The Water Court

Angsana Spa

**Facilities** 

Reception / Lobby

Market Place

GOL

Tennis Court

**Facilities** 

Water Court Restaurant

Lifestyle Café & Mini Mart

Banyan Tree Lobby

Thanh Toan Bridge

Angsana Building 3

Moomba / Pool Bar

Rice Bar & Rice Bowl

Restaurant

Restaurant

Wedding Chapel

**Facilities** 

Villa

Banyan Tree Spa

Azura

Water Sport's Centre

Room / Suites

Golf Cafe

Golf | Laguna Park

Water Sports

Angsana Looby

Restaurant

Kids Pool and Kids Club

Ballroom / Meeting Rooms

Thu Quan

# RESORT MAP



ANGSANA DAILY ACTIVITIES

#### DAILY ACTIVITES



The schedule is subject to availability, weather conditions, change or cancellation at the time of booking.

Terms and conditions apply. For more information, please get in touch with our Reception desk.

TERMS AND CONDTIONS

# Monday

7:00 - 8:00	AQUATIC EXERCISE Venue: Diving Pool (Maximum 6 people)
8:15 - 9:15	CHEST OPENING YOGA (BEGINNER) Venue: Yoga Pavilion (Maximum 8 people) VND 200,000 Nett/person
8:30 - 9:30	SUP PADDLE - 20 MINUTES Venue: Water Sport Centre (Maximum 12 people)
9:00 - 10:00	POOL TREASURE HUNT * Venue: Angsana Pool (Maximum 8 people)
9:00 - 11:00	CYCLING TOUR: FISHING VILLAGE Departure: Lobby (Minimum 2 people, Maximum 8 people) VND 800,000 Nett/person
9:30 - 10:30	KAYAK PADDLE - 20 MINUTES Venue: Water Sport Centre (Maximum 30 people)
10:00 - 11:00	SHORE FISHING Venue: Banyan Tree Beach (Maximum 6 people)
11:00 - 12:00	A GUIDE TO VIETNAMESE COFFEE: PHIN FILTER DRIP COFFEE  Venue: Market Place (Maximum 8 people)
11:00 - 13:00	HOW TO RIDE SUP - 45 MINUTES Venue: Water Sport Centre (Maximum 8 people)
12:00 - 13:00	A GUIDE TO VIETNAMESE COFFE: COCONUT COFFEE Venue: Water Court (Minimum 2 people) VND 200,000 Nett/person
13:00 - 13:30	ARCHERY - 15 MINUTES Venue: Water Sport Centre (Maximum 16 people)



# Monday

13:00 - 1	4:00	TOWEL ANIMAL FOLDING ARTISTRY Venue: Market Place (Maximum 6 people)
13:00 - 1	4:00	CALLIGRAPHY ART Venue: Market Place (Maximum 6 people)
14:00 - 1	5:00	CORE STRENGTH YOGA (ADVANCED) Venue: Yoga Pavilion (Maximum 8 people) VND 200,000 Nett/person
14:00 - 1	4:30	VIETNAMESE TRADITIONAL BAMBOO DANCE Venue: Banyan Tree Pool
14:00 - 1	5:00	YOUR-MIXOLOGIST-SELF: COCKTAILS Venue: Thu Quan (Minimum 2 people) VND 350,000 Nett/person
14:00 - 1	5:00	HAND EMBROIDERY WORKSHOP Venue: Banyan Tree Gallery (Maximum 5 people)
14:00 - 1	5:00	LAGUNA FAT BIKE DISCOVERY TOUR  Venue: Water Sport Centre (Maximum 8 people)  VND 300,000 Nett/person
15:00 - 1	6:00	COOKING CLASS: STEAMED TAPIOCA FLOUR CAKE Departure: Water Court (Minimum 2 people, Maximum 8 people) VND 500,000 Nett/person
15:00 - 1	6:00	HOW TO MAKE HOT CHOCOLATE  Venue: Thu Quan (Minimum 2 people)  VND 200,000 Nett/person
15:00 - 1	6:00	HOW TO MAKE THAI TEA  Venue: Saffron (Minimum 2 people)  VND 150,000 Nett/person
15:00 - 1	6:00	ATV RIDE - 15 MINUTES  Venue: Water Sport Centre (Maximum 9 people)  VND 600,000 Nett/person

# Monday

16:00 - 17:00	DART TOURNAMENT * Venue: Ballroom Foyer (Maximum 8 people)
16:00 - 17:00	CANDLE MAKING WORKSHOP Venue: Angsana Gallery (Maximum 5 people) VND 280,000 Nett/person
16:30 - 17:15	DEEP RELAXATION Venue: Yoga Pavilion (Maximum 8 people)
17:00 - 18:00	BOOTCAMP Venue: Ballroom Garden (Maximum 6 people)
18:00 - 19:00	HANDMADE INCENSE WORKSHOP Venue: Handicraft Corner (Maximum 6 people) VND 190,000 Nett/person



# Tuesday

7:00 - 8:00	JOGGING TRAIL - click <u>HERE</u> to view the map Venue: Ballroom Garden (Maximum 6 people)
8:30 - 9:30	SUP PADDLE - 20 MINUTES Venue: Water Sport Centre (Maximum 12 people)
8:30 - 10:30	STAY FOR GOOD: ELDERLY CARE  Departure: Hotel Lobby (Maximum 4 people)
8:00 - 10:00	PHOTOGRAPHY AND CYCLING TOUR Departure: Banyan Tree Lobby (Maximum 6 people)
9:00 - 11:00	PADDLING TOUR: FISHING VILLAGE Departure: Lobby (Minimum 2 people, Maximum 8 people) VND 650,000 Nett/person
9:30 - 10:30	KAYAK PADDLE - 20 MINUTES Venue: Water Sport Centre (Maximum 30 people)
10:00 - 11:00	LET'S LEARN TO SWIM Venue: Diving Pool (Maximum 6 people)
11:00 - 12:00	A GUIDE TO VIETNAMESE COFFEE: PHIN FILTER DRIP COFFEE Venue: Market Place (Maximum 8 people)
11:00 - 13:00	HOW TO RIDE SUP - 45 MINUTES Venue: Water Sport Centre (Maximum 8 people)
12:00 - 13:00	A GUIDE TO VIETNAMESE COFFE: COCONUT COFFEE Venue: Water Court (Minimum 2 people) VND 200,000 Nett/person
13:00 - 13:30	ARCHERY - 15 MINUTES Venue: Water Sport Centre (Maximum 16 people)
13:00 - 14:00	TAI CHI Venue: Yoga Pavillion (Maximum 6 people) VND 200,000 Nett/person



# Tuesday

14:00 - 15:00	BIRD WATCHING Venue: Bird Gallery (Maximum 6 people)
14:00 - 15:00	YOUR-MIXOLOGIST-SELF: COCKTAILS Venue: Thu Quan (Minimum 2 people) VND 350,000 Nett/person
14:00-15:00	HAND EMBROIDERY WORKSHOP Venue: Banyan Tree Gallery (Maximum 5 people)
14:00 - 15:00	LAGUNA FAT BIKE DISCOVERY TOUR  Venue: Water Sport Centre (Maximum 8 people)  VND 300,000 Nett/person
15:00 - 16:00	COOKING CLASS: AGAR AGAR FRUIT JELLY Departure: Market Place (Minimum 2 people, Maximu 8 people) VND 500,000 Nett/person
15:00 - 16:00	HOW TO MAKE HOT CHOCOLATE  Venue: Thu Quan (Minimum 2 people)  VND 200,000 Nett/person
15:00 - 16:00	HOW TO MAKE THAI TEA Venue: Saffron (Minimum 2 people) VND 150,000 Nett/person
15:00 - 16:00	ATV RIDE - 15 MINUTES Venue: Water Sport Centre (Maximum 9 people) VND 600,000 Nett/person
16:00 - 17:00	TABLE TENNIS TOURNAMENT * Venue: Ballroom Foyer (Maximum 8 people)
16:00 - 17:00	THE ART OF VIETNAMESE TEA  Venue: Rice Bar (Maximum 8 people)
16:00 - 17:00	CANDLE MAKING WORKSHOP  Venue: Angsana Gallery (Maximum 5 people)  VND 280,000 Nett/person

ANGSANA DAILY ACTIVITIES

#### Tuesday

17:00 - 18:00 TABATA WORKOUT

Venue: Ballroom Garden (Maximum 6 people)

18:00 - 19:00 BAMBOO CUP PAINTING

Venue: Handicraft Corner (Maximum 6 people)

VND 205,000 Nett/person



ANGSANA DAILY ACTIVITIES

# Wednesday

7:00 - 8:00	TOTAL BODY WORKOUT  Venue: Wedding Chapel Lawn (Maximum 6 people)
8:30 - 9:30	SUP PADDLE - 20 MINUTES Venue: Water Sport Centre (Maximum 12 people)
8:30 - 10:30	STAY FOR GOOD: DISABLED CHILD CARE Departure: Hotel Lobby (Maximum 12 people)
9:00 - 10:00	POOL TREASURE HUNT * Venue: Angsana Pool (Maximum 8 people)
9:00 - 11:00	CYCLING TOUR: FISHING VILLAGE Departure: Lobby (Minimum 2 people, Maximum 8 people) VND 800,000 Nett/person
9:30 - 10:30	KAYAK PADDLE - 20 MINUTES  Venue: Water Sport Centre (Maximum 30 people)
10:00 - 11:00	FISHING NET CASTING Venue: Banyan Tree Beach (Maximum 6 people)
11:00 - 12:00	A GUIDE TO VIETNAMESE COFFEE: PHIN FILTER DRIP COFFEE Venue: Market Place (Maximum 8 people)
11:00 - 13:00	HOW TO RIDE SUP - 45 MINUTES Venue: Water Sport Centre (Maximum 8 people)
12:00 - 13:00	A GUIDE TO VIETNAMESE COFFE: COCONUT COFFEE Venue: Water Court (Minimum 2 people) VND 200,000 Nett/person
13:00 - 13:30	ARCHERY - 15 MINUTES  Venue: Water Sport Centre (Maximum 16 people)
13:00 - 14:00	LET'S SPEAK VIETNAMESE  Venue: Water Court (Maximum 6 people)



#### Wednesday

14:00 - 15:00	FUN FRISBEE Venue: Wedding Chapel Lawn (Maximum 8 people)
14:00 - 15:00	YOUR-MIXOLOGIST-SELF: COCKTAILS Venue: Thu Quan (Minimum 2 people) VND 350,000 Nett/person
14:00 - 15:00	HAND EMBROIDERY WORKSHOP Venue: Banyan Tree Gallery (Maximum 5 people)
14:00 - 15:00	LAGUNA FAT BIKE DISCOVERY TOUR  Venue: Water Sport Centre (Maximum 8 people)  VND 300,000 Nett/person
15:00 - 16:00	COOKING CLASS: MAKI ROLL Departure: Rice Bar (Minimum 2 people, Maximum 8 people) VND 500,000 Nett/person
15:00 - 16:00	HOW TO MAKE HOT CHOCOLATE  Venue: Thu Quan (Minimum 2 people)  VND 200,000 Nett/person
15:00 - 16:00	HOW TO MAKE THAI TEA Venue: Saffron (Minimum 2 people) VND 150,000 Nett/person
15:00 - 16:00	ATV RIDE - 15 MINUTES Venue: Water Sport Centre (Maximum 9 people) VND 600,000 Nett/person
16:00 - 17:00	CHESS TOURNAMENT * Venue: Thu Quan (Maximum 8 people)
16:00 - 17:00	YOUR-MIXOLOGIST-SELF: MOCKTAILS



Venue: Rice Bar (Maximum 8 people)

VND 150,000 Nett/person

#### Wednesday

16:00 - 17:00 CANDLE MAKING WORKSHOP

Venue: Angsana Gallery (Maximum 5 people)

VND 280,000 Nett/person

16:00 - 17:00 FIRM ABS WORKOUT

Venue: Ballroom Garden (Maximum 6 people)

16:30 - 17:15 BAMBOO WEAVING

Venue: Handicraft Corner (Maximum 6 people)

VND 175,000 Nett/person



## Thursday

7:00 - 8:00	JOGGING TRAIL - click <u>HERE</u> to view the map Venue: Ballroom Garden (Maximum 6 people)
8:15 - 9:15	BODY BALANCE YOGA (BEGINNER) Venue: Yoga Pavilion (Maximum 8 people) VND 200,000 Nett/person
8:30 - 9:30	SUP PADDLE - 20 MINUTES  Venue: Water Sport Centre (Maximum 12 people)
9:00 - 10:00	PHOTOGRAPHY AND CYCLING TOUR  Departure: Banyan Tree Lobby (Maximum 6 people)
9:00 - 11:00	PADDLING TOUR: FISHING VILLAGE Departure: Lobby (Minimum 2 people, Maximum 8 people) VND 650,000 Nett/person
9:25 - 11:25	STAY FOR GOOD: ENGLISH IS FUN Venue: Hotel Lobby (Maximum 12 people)
9:30 - 10:30	KAYAK PADDLE - 20 MINUTES Venue: Water Sport Centre (Maximum 30 people)
10:00 - 11:00	LET'S LEARN TO SWIM Venue: Diving Pool (Maximum 6 people)
11:00 - 12:00	A GUIDE TO VIETNAMESE COFFEE: PHIN FILTER DRIP COFFEE Venue: Market Place (Maximum 8 people)
11:00 - 13:00	HOW TO RIDE SUP - 45 MINUTES Venue: Water Sport Centre (Maximum 8 people)
12:00 - 13:00	A GUIDE TO VIETNAMESE COFFE: COCONUT COFFEE Venue: Water Court (Minimum 2 people) VND 200,000 Nett/person
13:00 - 13:30	ARCHERY - 15 MINUTES  Venue: Water Sport Centre (Maximum 16



people)

# Thursday

13:00 - 14:00	TAI CHI Venue: Yoga Pavillion (Maximum 6 people) VND 200,000 Nett/person
14:00 - 15:00	RESTORATIVE YOGA (INTERMEDIATE) Venue: Yoga Pavilion (Maximum 8 people) VND 200,000 Nett/person
14:00 - 15:00	BIRD WATCHING Venue: Bird Gallery (Maximum 6 people)
14:00-15:00	YOUR-MIXOLOGIST-SELF: COCKTAILS Venue: Thu Quan (Minimum 2 people) VND 350,000 Nett/person
14:00-15:00	HAND EMBROIDERY WORKSHOP Venue: Banyan Tree Gallery (Maximum 5 people)
14:00-15:00	LAGUNA FAT BIKE DISCOVERY TOUR  Venue: Water Sport Centre (Maximum 8 people)  VND 300,000 Nett/person
15:00 - 16:00	COOKING CLASS: STEAMED RICE FLOUR ROLL Departure: Water Court (Minimum 2 people, Maximum 8 people) VND 500,000 Nett/person
15:00 - 16:00	HOW TO MAKE HOT CHOCOLATE Venue: Thu Quan (Minimum 2 people) VND 200,000 Nett/person
15:00 - 16:00	HOW TO MAKE THAI TEA Venue: Saffron (Minimum 2 people) VND 150,000 Nett/person
15:00 - 16:00	ATV RIDE - 15 MINUTES  Venue: Water Sport Centre (Maximum 9 people)  VND 600,000 Nett/person

# Thursday

16:00 - 17:00	TABLE TENNIS TOURNAMENT * Venue: Ballroom Foyer (Maximum 8 people)
16:00 - 17:00	CANDLE MAKING WORKSHOP Venue: Angsana Gallery (Maximum 5 people) VND 280,000 Nett/person
16:30 - 17:15	GRATITUDE MEDITATION  Venue: Yoga Pavilion (Maximum 8 people)
17:00 - 18:00	TABATA WORKOUT Venue: Ballroom Garden (Maximum 6 people)
18:00 - 19:00	LANTERN MAKING WORKSHOP  Venue: Handicraft Corner (Maximum 6 people)  VND 240,000 Nett/person



# Friday

7:00 - 8:00	AQUATIC EXERCISE Venue: Diving Pool (Maximum 6 people)
8:15 - 9:15	STRESS RELIEF YOGA (INTERMEDIATE) Venue: Yoga Pavilion (Maximum 8 people) VND 200,000 Nett/person
8:30 - 9:30	SUP PADDLE - 20 MINUTES Venue: Water Sport Centre (Maximum 12 people)
9:00 - 10:00	POOL TREASURE HUNT * Venue: Angsana Pool (Maximum 8 people)
9:00 - 11:00	CYCLING TOUR: FISHING VILLAGE Departure: Lobby (Minimum 2 people, Maximum 8 people) VND 800,000 Nett/person
9:30 - 10:30	KAYAK PADDLE - 20 MINUTES  Venue: Water Sport Centre (Maximum 30 people)
10:00 - 11:00	SHORE FISHING Venue: Banyan Tree Beach (Maximum 6 people)
11:00 - 12:00	A GUIDE TO VIETNAMESE COFFEE: PHIN FILTER DRIP COFFEE Venue: Market Place (Maximum 8 people)
11:00 - 13:00	HOW TO RIDE SUP - 45 MINUTES Venue: Water Sport Centre (Maximum 8 people)
12:00 - 13:00	A GUIDE TO VIETNAMESE COFFE: COCONUT COFFEE Venue: Water Court (Minimum 2 people) VND 200,000 Nett/person
13:00 - 13:30	ARCHERY - 15 MINUTES Venue: Water Sport Centre (Maximum 16 people)
13:00 - 14:00	CALLIGRAPHY ART  Venue: Market Place (Maximum 6 people)

# Friday

13:00 - 14:00	TOWEL ANIMAL FOLDING ARTISTRY Venue: Market Place (Maximum 6 people)
14:00 - 15:00	HIP OPENING YOGA (INTERMEDIATE) Venue: Yoga Pavilion (Maximum 8 people) VND 200,000 Nett/person
14:00 - 14:30	VIETNAMESE TRADITIONAL BAMBOO DANCE Venue: Banyan Tree Pool
14:00 - 15:00	YOUR-MIXOLOGIST-SELF: COCKTAILS Venue: Thu Quan (Minimum 2 people) VND 350,000 Net/person
14:00 - 15:00	HAND EMBROIDERY WORKSHOP Venue: Banyan Tree Gallery (Maximum 5 people)
14:00 - 15:00	LAGUNA FAT BIKE DISCOVERY TOUR Venue: Water Sport Centre (Maximum 8 people) VND 300,000 Nett/person
15:00 - 16:00	COOKING CLASS: THAI SALAD "SOM TOM"  Departure: Saffron (Minimum 2 people, Maximum 8 people)  VND 500,000 Nett/person
15:00 - 16:00	HOW TO MAKE HOT CHOCOLATE Venue: Thu Quan (Minimum 2 people) VND 200,000 Nett/person
16:00 - 17:00	HOW TO MAKE THAI TEA Venue: Saffron (Minimum 2 people) VND 150,000 Nett/person
15:00 - 16:00	ATV RIDE - 15 MINUTES  Venue: Water Sport Centre (Maximum 9 people)  VND 600,000 Nett/person



# Friday

16:00 - 17:00	DART TOURNAMENT * Venue: Ballroom Foyer (Maximum 10 people)
16:00 - 17:00	CANDLE MAKING WORKSHOP Venue: Angsana Gallery (Maximum 5 people) VND 280,000 Nett/person
16:30 - 17:15	MANTRA MEDITATION Venue: Yoga Pavilion (Maximum 8 people)
17:00 - 18:00	BOOTCAMP Venue: Ballroom Garden (Maximum 6 people)
18:00 - 19:00	CONICAL HAT PAINTING Venue: Handicraft Corner (Maximum 6 people) VND 215,000 Nett/person



# Saturday

7:00 - 8:00	JOGGING TRAIL - click <u>HERE</u> to view the map Venue: Ballroom Garden (Maximum 6 people)
8:15 - 9:15	MORNING YOGA (BEGINNER) Venue: Yoga Pavilion (Maximum 8 people) VND 200,000 Nett/person
8:30 - 9:30	SUP PADDLE - 20 MINUTES  Venue: Water Sport Centre (Maximum 12 people)
9:00 - 10:00	PHOTOGRAPHY AND CYCLING TOUR  Departure: Banyan Tree Lobby (Maximum 6 people)
9:00 - 11:00	PADDLING TOUR: FISHING VILLAGE  Departure: Lobby (Minimum 2 people, Maximum 8 people)  VND 650,000 Nett/person
9:30 - 10:30	KAYAK PADDLE - 20 MINUTES  Venue: Water Sport Centre (Maximum 30 people)
10:00 - 11:00	LET'S LEARN TO SWIM Venue: Diving Pool (Maximum 6 people)
11:00 - 12:00	A GUIDE TO VIETNAMESE COFFEE: PHIN FILTER DRIP COFFEE Venue: Market Place (Maximum 8 people)
11:00 - 13:00	HOW TO RIDE SUP - 45 MINUTES  Venue: Water Sport Centre (Maximum 8 people)
12:00 - 13:00	A GUIDE TO VIETNAMESE COFFE: COCONUT COFFEE Venue: Water Court (Minimum 2 people) VND 200,000 Nett/person
13:00 - 13:30	ARCHERY - 15 MINUTES  Venue: Water Sport Centre (Maximum 16 people)
13:00 - 14:00	TAI CHI Venue: Yoga Pavillion (Maximum 6 people) VND 200,000 Nett/person

#### Saturday

14:00 - 15:00	BACKBEND YOGA (ADVANCED) Venue: Yoga Pavilion (Maximum 8 people) VND 200,000 Nett/person
14:00 - 15:00	BIRD WATCHING Venue: Bird Gallery (Maximum 6 people)
14:00-15:00	YOUR-MIXOLOGIST-SELF: COCKTAILS  Venue: Thu Quan (Minimum 2 people)  VND 350,000 Nett/person
14:00-15:00	HAND EMBROIDERY WORKSHOP Venue: Banyan Tree Gallery (Maximum 5 people)
14:00-15:00	LAGUNA FAT BIKE DISCOVERY TOUR  Venue: Water Sport Centre (Maximum 8 people)  VND 300,000 Nett/person
15:00 - 16:00	COOKING CLASS: ITALIAN PIZZA  Departure: Azura (Minimum 2 people, Maximum 8 people)  VND 500,000 Nett/person
15:00 - 16:00	HOW TO MAKE HOT CHOCOLATE  Venue: Thu Quan (Minimum 2 people)  VND 200,000 Nett/person
15:00 - 16:00	HOW TO MAKE THAI TEA Venue: Saffron (Minimum 2 people) VND 150,000 Nett/person
15:00 - 16:00	ATV RIDE - 15 MINUTES  Venue: Water Sport Centre (Maximum 9 people)  VND 600,000 Nett/person
16:00 - 17:00	TABLE TENNIS TOURNAMENT * Venue: Ballroom Foyer (Maximum 10 people)
16:00 - 17:00	THE ART OF VIETNAMESE TEA  Venue: Rice Bar (Maximum 8 people)



#### Saturday

16:00 - 17:00 CANDLE MAKING WORKSHOP

Venue: Angsana Gallery (Maximum 5 people)

VND 280,000 Nett/person

16:30 - 17:15 BODY SCAN MEDITATION

Venue: Yoga Pavilion (Maximum 8 people)

17:00 - 18:00 TABATA WORKOUT

Venue: Ballroom Garden (Maximum 6 people)

18:00 - 19:00 LOTUS PAPER MAKING

Venue: Handicraft Corner (Maximum 6 people)

VND 190,000 Nett/person



ANGSANA DAILY ACTIVITIES

# Sunday

7:00 - 8:00	TOTAL BODY WORKOUT  Venue: Wedding Chapel Lawn (Maximum 6 people)
8:15 - 9:15	SUN SALUTATION (INTERMEDIATE) Venue: Yoga Pavilion (Maximum 8 people) VND 200,000 Nett/person
8:30 - 9:30	SUP PADDLE - 20 MINUTES Venue: Water Sport Centre (Maximum 12 people)
9:00 - 10:00	POOL TREASURE HUNT * Venue: Angsana Pool (Maximum 8 people)
9:00 - 11:00	CYCLING TOUR: FISHING VILLAGE Departure: Lobby (Minimum 2 people, Maximum 8 people) VND 800,000 Nett/person
9:30 - 10:30	KAYAK PADDLE - 20 MINUTES  Venue: Water Sport Centre (Maximum 30 people)
10:00 - 11:00	FISHING NET CASTING Venue: Banyan Tree Beach (Maximum 6 people)
11:00 - 12:00	A GUIDE TO VIETNAMESE COFFEE: PHIN FILTER DRIP COFFEE Venue: Market Place (Maximum 8 people)
11:00 - 13:00	HOW TO RIDE SUP - 45 MINUTES Venue: Water Sport Centre (Maximum 8 people)
12:00 - 13:00	A GUIDE TO VIETNAMESE COFFE: EGG COFFEE Venue: Water Court (Minimum 2 people) VND 200,000 Nett/person
13:00 - 13:30	ARCHERY - 15 MINUTES Venue: Water Sport Centre (Maximum 16 people)
13:00 - 14:00	LET'S SPEAK VIETNAMESE  Venue: Water Court (Maximum 6 people)



#### Sunday

14:00 - 15:00	IYENGAR YOGA	(INTERMEDIATE)
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Venue: Yoga Pavilion (Maximum 8 people)

VND 200,000 Nett/person

14:00 - 15:00 FUN FRISBEE

Venue: Wedding Chapel Lawn (Maximum 8 people)

14:00-15:00 YOUR-MIXOLOGIST-SELF: COCKTAILS

Venue: Thu Quan (Minimum 2 people)

VND 350,000++/person

14:00-15:00 HAND EMBROIDERY WORKSHOP

Venue: Banyan Tree Gallery (Maximum 5 people)

14:00-15:00 LAGUNA FAT BIKE DISCOVERY TOUR

Venue: Water Sport Centre (Maximum 8 people)

VND 300,000 Nett/person

15:00 - 16:00 COOKING CLASS: CUP CAKE

Departure: Market Place (Minimum 2 people, Maximum

8 people)

VND 500,000 Nett/person

15:00 - 16:00 HOW TO MAKE HOT CHOCOLATE

Venue: Thu Quan (Minimum 2 people)

VND 200,000 Nett/person

15:00 - 16:00 HOW TO MAKE THAI TEA

Venue: Saffron (Minimum 2 people)

VND 150,000 Nett/person

15:00 - 16:00 ATV RIDE - 15 MINUTES

Venue: Water Sport Centre (Maximum 9 people)

VND 600,000 Nett/person

16:00 - 17:00 CHESS TOURNAMENT \*

Venue: Thu Quan (Maximum 8 people)



#### Sunday

16:00 - 17:00	YOUR-MIXOLOGIST-SELF: MOCKTAILS Venue: Rice Bar (Maximum 8 people) VND 150,000 Nett/person
16:00 - 17:00	CANDLE MAKING WORKSHOP Venue: Angsana Gallery (Maximum 5 people) VND 280,000 Nett/person
16:30 - 17:15	HO'OPONOPONO MEDITATION Venue: Yoga Pavilion (Maximum 8 people)
17:00 - 18:00	FIRM ABS WORKOUT

18:00 - 19:00 COCONUT SHELL BOWL PAINTING

Venue: Handicraft Corner (Maximum 6 people)

VND 205,000 Nett/person

Venue: Ballroom Garden (Maximum 6 people)



ANGSANA DAILY ACTIVITIES

#### Terms and Conditions

- All prices are per person and inclusive of service charges and taxes
- Activities marked with \* will come with a prize for the winner
- Handicraft Corner is available from 9:00 to 20:00
- Boardgames are available at the Ballroom Foyer/ Thu Quan or at your preferred location
- All activities require 3 hours of booking in advance and are subject to availability
- Cooking Classes require 24 hours of booking in advance with confirmed dishes
- A full charge is applied for cancellation less than 1 hour prior to the booking time for all chargeable activities
- For more information or reservations, please contact
   Front Desk



# COMPLIMENTARY ACTIVITIES

SURF BOARD 20 Minutes

BOOGIE BOARD 20 Minutes

OBSTACLE COURSE 30 Minutes

TENNIS COURT 1 Hour

BADMINTON COURT 1 Hour

MINI FOOTBALL 30 Minutes

The complimentary activities are subject to availability, weather conditions, change or cancellation at the time of booking.

For more information, please get in touch with our Reception.