



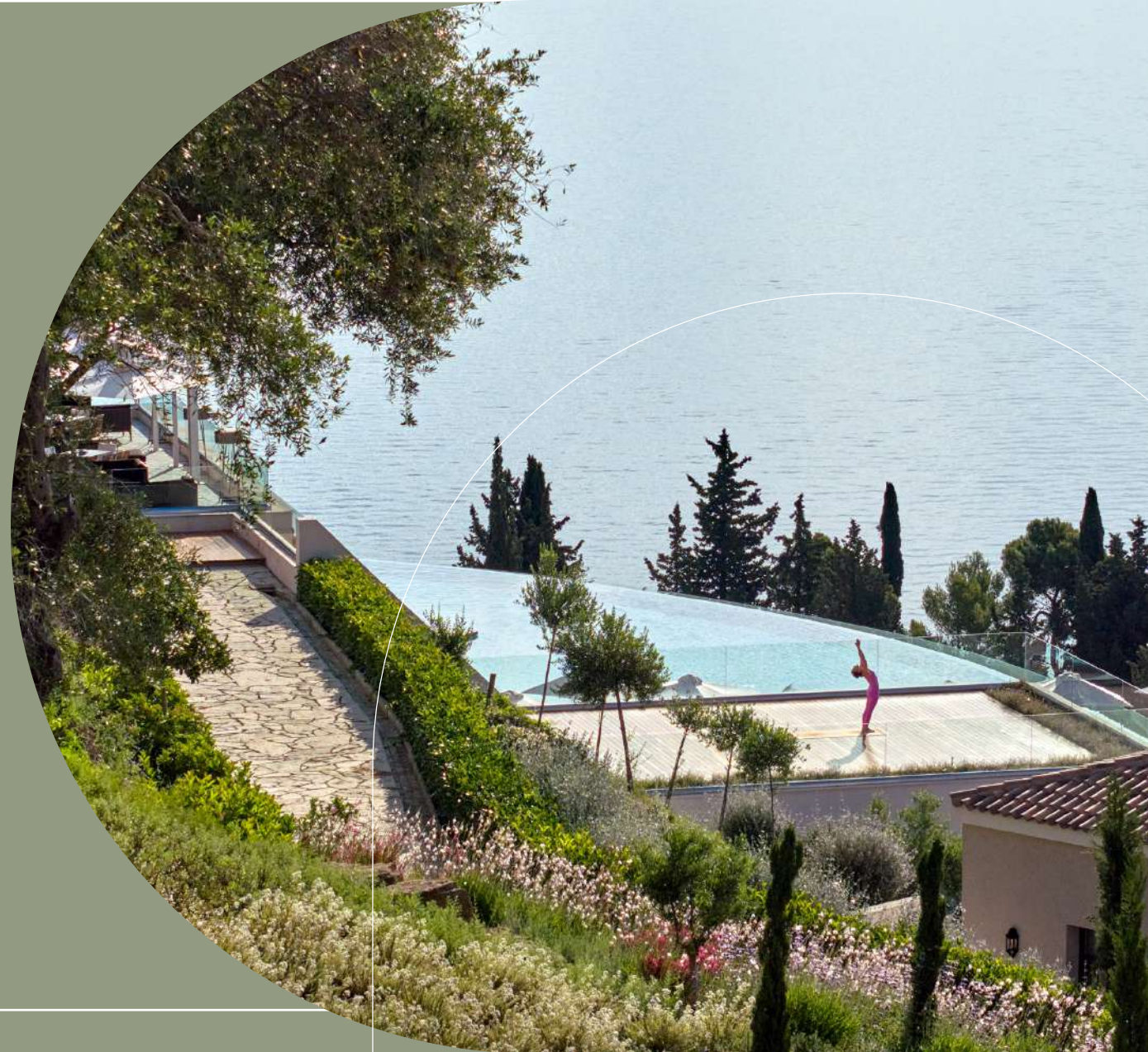
ANGSANA



# Angsana Corfu Wellness Retreat Program

Escape to Extraordinary Wellness at Angsana Corfu Resort & Spa. Immerse yourself in a sanctuary of inspired wellness facilities, boasting breathtaking views, luxurious guest rooms, bespoke culinary delights, and exclusive nature encounters on our lush grounds.

Whether you're organizing a rejuvenating yoga retreat or teacher training, hosting a wellness summit, or planning an intimate coaching getaway, our attentive team is committed to ensuring a truly personalized experience amidst nature's embrace.



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# 1 Wellness Facilities

Welcome to our resort, where we are thrilled to offer a range of inspired, flexible, and customizable options tailored to meet the wellness needs of your group.



## Yoga / Meditation / Healing Spaces:

*For Up to 14 Yoga Mats:*

- **Indoor Private Fitness Class Studio:** Located conveniently inside our Fitness Center, this private studio offers a secure environment for small group yoga, meditation, and healing sessions.
- **Outdoor Sculpture Lawn:** Situated outside Oribu Restaurant, this tranquil space provides a serene setting for outdoor grounding sessions.

*For Up to 25 Yoga Mats:*

- **Indoor Private ‘Shala’ with Majestic Views:** Nestled within the Angsana Spa, our private and enclosed ‘shala’ offers breathtaking views of the sea and infinity pool, providing a serene ambiance for your practice.
- **Outdoor Yoga Deck with 360-Degree Views:** Experience the beauty of nature on our outdoor yoga deck, offering mesmerizing panoramic views of the sea, infinity pool, and lush mountain slopes.

*For 25+ Yoga Mats:*

- **Indoor Amalia Hall Conference Room and/or Adjacent Atrium:** Our spacious indoor conference room and adjacent atrium offer flexibility and comfort for larger groups, providing ample space for yoga, meditation, and healing sessions.
- **Outdoor Vertigo Rooftop:** Elevate your experience on our rooftop terrace, where you can practice yoga and meditation surrounded by the open sky and stunning vistas.

## Seminars / Summits / Trainings:

*For Up to 20 People:*

- **The V-Lounge:** Located just off the main reception area, the cozy V-Lounge offers a warm and inviting atmosphere, complete with a fireplace and a living room vibe. Perfect for intimate coaching sessions and dialogues, it provides a comfortable setting to foster meaningful interactions.

*For Up to 50 People:*

- **Ruen Rumsai, Sofrito, and Oribu Restaurants:** Flooded with natural light, each of these restaurants offers a unique ambiance and versatile space ideal for hosting private wellness presentations of all kinds. Whether it's a seminar, summit, or training session, these venues provide a welcoming environment to engage and inspire your audience in a non-conference style setting.

*For Up to 150 People:*

- **Amalia Hall:** This traditional-style conference venue is equipped with all the amenities you would expect from a professional facility, making it ideal for larger gatherings and presentations. With ample seating and modern technology, Amalia Hall ensures a seamless experience for your event.

- **Adjacent Atrium:** Serving as a convenient breakout or reception area, the adjacent Atrium complements Amalia Hall perfectly. Whether it's a networking session or a coffee break, this versatile space offers flexibility and comfort for all types of trainings and presentations.

# 2 Guest Rooms

Our meticulously designed rooms offer a harmonious blend of contemporary elegance and traditional Greek charm, providing the perfect retreat for discerning travelers. From spacious layouts and plush bedding to panoramic views of the Ionian Sea or the lush hillside, each room is thoughtfully crafted to ensure a truly unforgettable stay. For further details on specific room types, please visit our website at:

<https://www.angsana.com/greece/corfu/accommodation>



# Food & Beverage

No matter your group's specific needs, we've got you covered. Whether you're seeking a vegetarian, vegan, gluten-free, dairy-free, or rejuvenating juice cleanse retreat, our culinary experts are here to delight your taste buds with creativity and flair. Choose from a variety of ala carte options or meal plans, including half board, full board, or buffet options, tailored to suit all preferences. Additionally, we can offer a secluded environment where retreat guests can fully immerse themselves in retreat mode, ensuring a tranquil and focused experience throughout their stay.

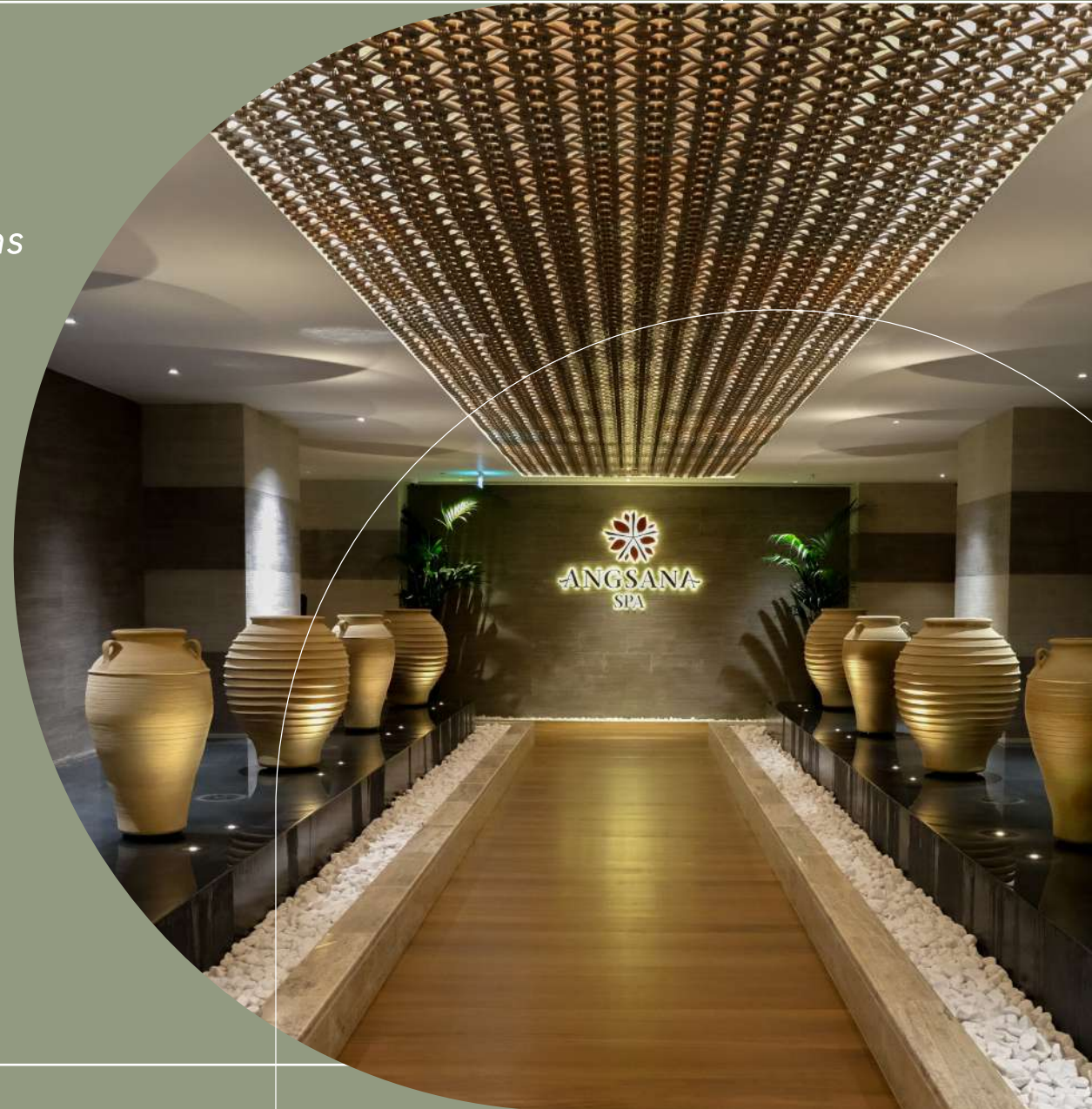




# Angsana Corfu Spa

*A unique blend of Mediterranean and Asian traditions*

An oasis for body, soul and mind with endless sea views in a luxurious cosmopolitan atmosphere. The signature award-winning Angsana Corfu Spa, originating from Banyan Tree, emphasizes the use of natural ingredients from fruits, flowers and aromatherapy, a rejuvenating sense of touch with fusion techniques where East meets West. Calm your mind and draw in the serenity of your surroundings. Relax as our therapist welcomes you with a soothing foot wipe. Complete the Angsana Corfu Spa experience with some post-treatment time to shed the cares of the world over a herbal drink and refreshments. All Angsana Spa treatments come with a complimentary 30-minute Calm Time of refreshments. Enjoy the difference.



# Indoor Pool & Wet Facilities:

Dive into the perfect fusion of relaxation and rejuvenation within our state-of-the-art wet facilities, featuring a 25-meter heated indoor pool, sauna, hammam, and jacuzzi. Perfectly suited for all seasons, this inviting oasis beckons guests with its serene atmosphere and sophisticated design. Adjacent to these amenities, our Juice Bar awaits, offering a delightful array of wholesome drinks, refreshing smoothies, and nourishing snacks to complement your wellness journey.



# Fitness Center

Enjoy a holistic wellness experience at our modern Gym facilities, where state-of-the-art equipment and a robust group class roster meets contemporary design and breathtaking vistas.

Elevate your journey with our personalized training programs, crafted to meet your individual needs and aspirations. Our expert trainers are dedicated to guiding you towards your wellness goals, ensuring a fulfilling and transformative experience throughout your stay.



# Angsana Corfu Curated Experiences

Discover a world of bespoke experiences at Angsana Corfu Resort & Spa, where retreat guests can participate in a plethora of curated wellness offerings, both within the resort's luxurious confines and amidst the enchanting locales of Corfu Island. Your dedicated host will happily propose a selection of activities to create a specially tailored retreat itinerary.



# Internal Experiences

- Mediterranean Home-Made Scrub and Mask Workshop
- Sound Healing Group Session
- Mandala Painting Workshop
- Pottery Making
- Culinary Demonstrations
- Workshop with Local Herbalist
- Wild Gastronomy Feast with our Chef (seasonal)



## External Experiences

- Organic Olive Oil Tasting and Farm Picnic
- Foraging Experiences
- Corfu Town Historical or Gastronomy Walking Tours
- Tasting and Tour at Local Kumquat Distillery
- Guided Hiking Tours
- Candle making workshop
- Horseback riding and equine therapy
- Wine tasting at local vineyards
- Year-round Museums
- Volunteer Animal Experiences



# Wellness Packages

For further information about how we may tailor your group's Wellness Retreat, please call our Events Department at 30 26610 22900 or email [events-corfu@angsana.com](mailto:events-corfu@angsana.com)



# Thank you



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