



ANGSANA  
SPA



# Spa Menu

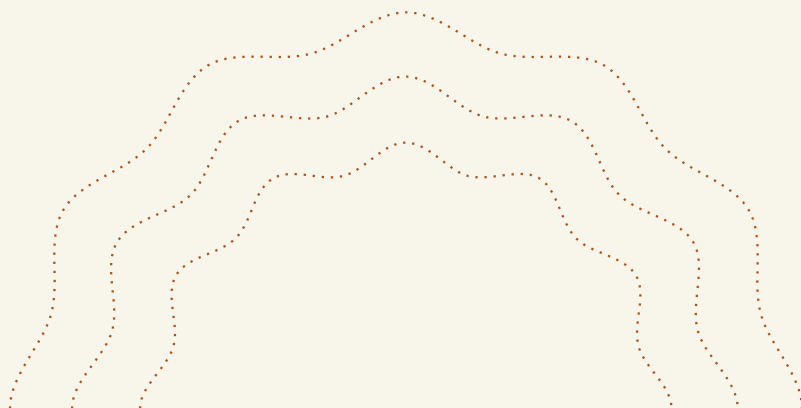


## Our Philosophy

A statuesque tree found in the tropical rainforest of Asia, the Angsana is best noted for its crown of flowers that bursts into a fragrant shower of golden-yellow blooms unexpectedly. The glorious Angsana beholds the maxim to live life and savour time as it passes inexorably.

## Sense of Serenity

Calm your mind and draw in the serenity of your surroundings. Relax as our therapist welcomes you with a soothing foot wipe. Complete the Angsana Spa experience with some post-treatment time to shed the cares of the world over a herbal drink and refreshments. All Angsana Spa treatments come with a complimentary 30-minute Calm Time of refreshments and relaxation. Enjoy the difference.





## Please take a moment to read this

### **Etiquette**

For the consideration of others, we request that visitors keep noise to a minimum. Children are not allowed at the spa unless they are having a treatment, accompanied by an adult. We ask that you respect other guests' privacy by speaking softly. Please switch your cellular phones and electronic devices off or to silent mode.

### **Calm Time**

Guests will be accorded a 30-minute Calm Time of refreshments and relaxation per visit, except hand, foot and selected a la carte treatments.

### **Check-in**

Please arrive at least 15 minutes prior to your scheduled treatment to avoid reduced treatment time. A late arrival will result in a shortened treatment to accommodate other guests fairly.

### **Valuables**

We recommend that no jewellery be worn at the spa. The management and staff accept no responsibility for the loss of money or valuables of any kind brought into the spa premises.

### **Smoking and Alcohol**

Smoking and the consumption of alcohol within the spa are prohibited.

### **Cancellation Policy**

A 24-hour cancellation notice is required to help us re-schedule your appointment, subject to space availability. Any cancellation with less than 4 hours' notice will incur a 50% cancellation fee. A full fee will be imposed for a "no-show".

### **Refund Policy**

Treatment packages are non-refundable. Unused portion of the packages are non-transferable or non-exchangeable for another time.

### **Gift Certificate**

Gift certificates are not available for purchase.

### **Disclaimer**

The spa treatments, services and/or facilities received or utilised at Angsana Spa are intended for general purposes only and are not intended to be a substitute for professional medical treatment for any condition, medical or otherwise, that Guests may have. Guests will fully indemnify and hold harmless Angsana Spa, its holding company(ies), affiliates, subsidiaries, representatives, agents, staff and suppliers, from and against all liabilities, claims, expenses, damages and losses, including legal fees (on an indemnity basis), arising out of or in connection with the spa treatments, services and/or facilities.



# Angsana Signatures

A selection of spa packages specially designed to  
refresh and rejuvenate the mind and body.





## Floral Chic

180-minute treatment

ZAR 2,000

60 - minute Angsana massage  
15 - minute nourish body wrap  
45 - minute floral pouch scrub  
60 - minute choice of facials

**Spa Tip:** Give your body a well-deserved tune up with this ultimate treat that combines all of Angsana Spa's classic therapies. Take in the invigorating scent of the flowers, which is sure to brighten your day.

## Vitality Starter

120-minute treatment

ZAR 1,700

30 - minute muscle stretching  
30 - minute herbal salt compress  
60 - minute choice of body massages

**Spa Tip:** Release all the built-up muscle tension and boost your flexibility. You will be ready to face the world after this delightful experience.

# Essence of Angsana

Take your pick from an array of thoughtfully-designed spa packages, specially tailored for different needs of the ladies and gentlemen.





## Beauty Treat

120-minute treatment

ZAR 1,500

60 - minute choice of body massages or body treats  
60 - minute facial

**Spa Tip:** Ideal for those looking to pamper from top to toe. Personalise your own medley of beautifying treatments, leaving you rejuvenated with an all-round radiance.

## Purify Touch

120-minute treatment

ZAR 1,700

30 - minute ginger warmer body polish  
30 - minute vitality mud mask  
60 - minute choice of body massages

**Spa Tip:** Ideal for those looking to detox. The scrub deeply cleanses while warm ginger enhances blood circulation. The mud mask removes impurities, leaving you with refreshed skin.



## Sweeten Up

### 120-minute treatment

ZAR 1,700

- 30 - minute candlenut body polish
- 60 - minute nourishing massage
- 30 - minute mini facial

**Spa Tip:** Ideal for those looking to unveil the inner glow. The candlenut is known to be packed with different vitamins and anti-oxidants, which works effectively to soften and moisturise your skin.

## Worry Free

### 90-minute treatment

ZAR 1,100

- 60 - minute javanese massage
- 30 - minute scalp massage

**Spa Tip:** Ideal for those looking to de-stress. Drift away in bliss as deep tissue massage techniques loosen the muscles and promote blood flow. The scalp massage targets pressure points to effectively clear your mind.

## Wake Up Call

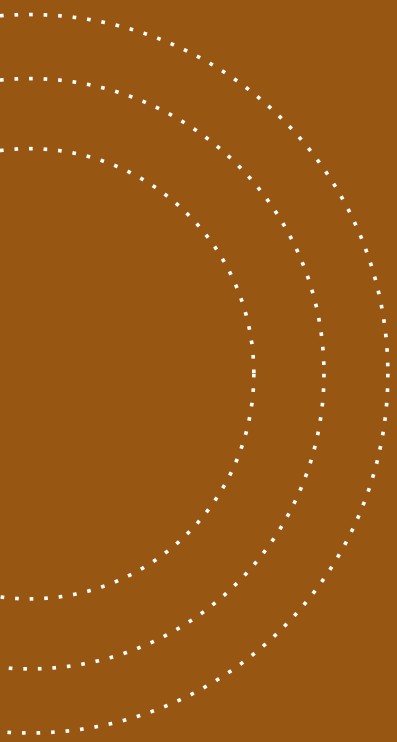
### 90-minute treatment

ZAR1,100

- 60 - minute fusion massage
- 30 - minute foot massage

**Spa Tip:** Ideal for those looking to energise the senses. This is the perfect combination to improve flexibility and revive tired muscles. A relaxing foot massage rounds up the experience.





# Body Massages

Angsana Spa presents a selection of massages, each designed to soothe the body and revitalise the senses.



## Angsana

60-minute treatment

ZAR 850

90-minute treatment

ZAR 1,100

A signature massage created exclusively for Angsana Spa, to work on your body's key pressure points to strengthen inner "qi" or energy. Euphoria massage oil is used, which helps to promote concentration and rejuvenation.

## Fusion

60-minute treatment

ZAR 750

90-minute treatment

ZAR 950

A blend of Thai and Swedish massage techniques to soothe all aches, unblock stiffness and enhance flexibility. Invigoration massage oil is used to uplift and refresh the senses.

## Javanese

60-minute treatment

ZAR 850

90-minute treatment

ZAR 1,100

Adapted from ancient Balinese techniques, this deep tissue massage relieves body tension and promotes better sleep patterns. Harmony massage oil works to harmonise the mind, as music is to the soul.

## Thai

60-minute treatment

ZAR 750

90-minute treatment

ZAR 950

Unwind to a delicate stretching of your body to improve flexibility, followed by Thai massage techniques of palming and thumbing, without the use of oil, on your meridian lines.

## Dreams

60-minute treatment

ZAR 750

90-minute treatment

ZAR 950

Specially created for tired and worn-out bodies, this calming massage soothes tense muscles using warm Clarity oil, a blend of sesame and jojoba oil rich in Vitamin E.



# Quick Fix

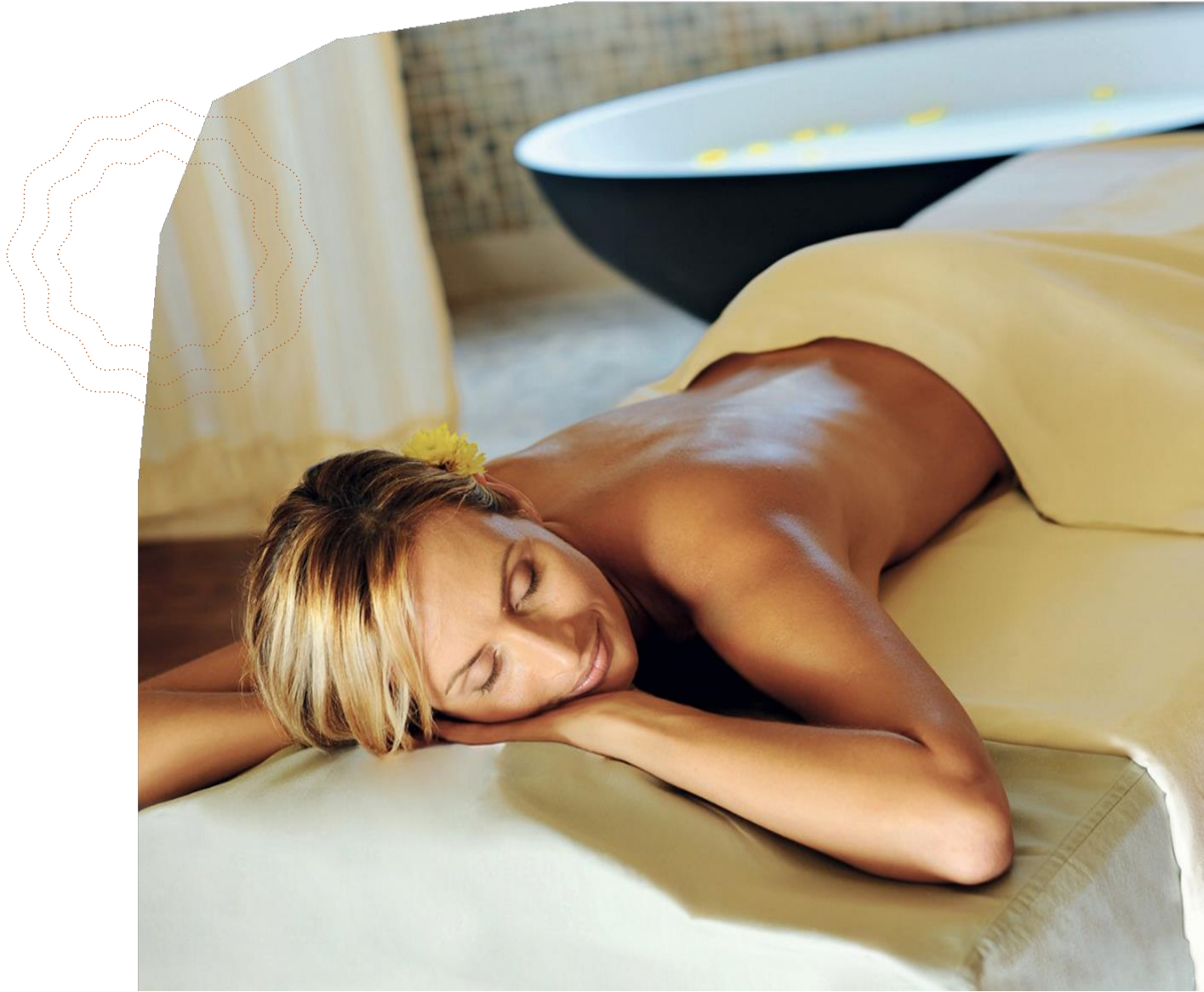
Untie the knots in the muscles and perk up the senses instantly with these pick-me-ups.

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30-minute treatment      ZAR 500

45-minute treatment      ZAR 650





## **Back Energy**

Iron out aches and tensions in the back with this medium to strong pressure massage.

## **Foot Loose**

Step out with happier feet after an energising leg and foot massage.

## **Head & Shoulders**

Banish fatigue with this deceptively simple combination of upper body massages focusing on head and shoulders.

# Facials

Indulge in our revitalising facial treatments to leave your skin glowing with refreshed vitality.





## Age Defier

60-minute treatment

ZAR 1,550

**Spa Tip:** An excellent facial for tightening the skin to give a more youthful appearance. Elastin is recognised as the best strengthening protein to rejuvenate tired skin. It effectively promotes skin's firmness and suppleness while deeply hydrating the skin.

## Brilliant Balancer

60-minute treatment

ZAR 800

**Spa Tip:** This facial contains essential oils to restore skin back to a healthy balance. Sebum secretion is normalised without drying the skin. Pores are tightened, leaving the skin softer and smoother.

## Dewy Booster

60-minute treatment

ZAR 800

**Spa Tip:** A hydrating creamy mask which instantly repairs dry skin. The complexion feels smooth and looks rejuvenated. This deeply soothing treatment combats signs of fatigue and dullness, leaving you with a brighter complexion.

## Splendid Soother

60-minute treatment

ZAR 800

**Spa Tip:** A cream-textured mask which contains nourishing and moisturising ingredients. Excellent for sensitive skin type, this mask leaves the skin with a youthful radiance and a sense of well-being.

## Miracle Eyes Treatment

30-minute treatment

ZAR 600

**Spa Tip:** An anti-ageing treat for eye contour. This specialised treatment hydrates and focuses on delicate areas around the eyes with lifting techniques to reduce dark circles and puffiness.



# Body Polishes

Choose from a sumptuous selection of body polishes made from natural ingredients and freshly concocted before your treatment.

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30-minute treatment    ZAR 500



## **Almond Milk** For all skin types

**Spa Tip:** A natural skin brightener where the skin is left lighter and more refined.

## **Apple Oatmeal** For all skin types

**Spa Tip:** Cleanse and nourish your skin while effectively removing grime from the skin

## **Honey Sesame** For normal & dry skin

**Spa Tip:** Smell as sweet as honey after this treatment while the skin emerges smoother after the gentle exfoliation.

## **Seaside Delight** For oily skin

**Spa Tip:** Restore the radiance of your skin with a gentle scrub created from natural ingredients..



# Body Conditioners

Complete your spa package with a delectable selection of body conditioners to leave your skin soft and supple.

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30-minute treatment    ZAR 600



## **Aloe Cream** For dry skin

**Spa Tip:** Discover the tingle of soothing aloe vera as it stimulates new cell growth and moisturises sunburnt skin.

## **Avocado Smoothie** For all skin types

**Spa Tip:** A milky combination of avocado, rice flour, yoghurt, milk and honey, this body conditioner softens while hydrating the skin.

## **Mud Mask** For normal & oily skin

**Spa Tip:** A deep cleansing treatment using rich mud to detoxify and nourish the skin.

## **Olive Smoother** For all skin types

**Spa Tip:** This delectable conditioner blends olive oil and oatmeal to add a lovely sheen to your skin.





# Essential Pampering

Hand & Foot Pampering

Treat your hands and feet to a pampering session,  
leaving them in tip top condition.



## Hand Deluxe

75-minute treatment

ZAR 400

**Spa Tip:** Nails are cleaned, shaped, a massage soothes the hands after a gentle scrub, followed by a hand mask to give a smooth and silky feel. It concludes with nail colour or nail buffing.

## Hand Essentials

45-minute treatment

ZAR 350

**Spa Tip:** The nails are cleaned, shaped, while the hands are scrubbed and conditioned before a hand mask restores moisture to the skin

## Shape & Hand Revarnish

30-minute treatment

ZAR 300

**Spa Tip:** Relax and cleanse the hands with a warm towel, followed by shaping and nail colour.

## Smoother Hands

30-minute treatment

ZAR 350

**Spa Tip:** Relax and cleanse the hands with a warm towel, gently exfoliate the dead skin cells followed by a mask to regain smoother hands.



## Foot Deluxe

75-minute treatment

ZAR 500

**Spa Tip:** Pamper your neglected soles with this foot care programme. Nails are cleaned and shaped according to your preference, A massage relaxes the feet after a gentle scrub, followed by a foot mask for a velvety feel. IT concludes with nail colour or nail buffing.

## Foot Essentials

45-minute treatment

ZAR 400

**Spa Tip:** The nails are cleaned, shaped, while the feet are scrubbed and conditioned before a foot mask restores moisture to the skin

## Shape & Foot Revarnish

30-minute treatment

ZAR 350

**Spa Tip:** Start with a skin softening foot soak in warm water followed by shaping and nail colour.

## Softer Soles

30-minute treatment

ZAR 350

**Spa Tip:** Enjoy a refreshing foot wipe followed by gentle exfoliation with a foot file and a mask for softer and smoother skin.



# Angsana for the family

Family Bonding, Girls Only, Boy's Hangout,

Indulge in a time of family bonding and fun while enjoying a delightful range of treatments thoughtfully created for both adults and little ones. Ideal for kids aged 7 - 14



## Family Bonding

90-minute treatment

ZAR 2,500

For parent:

(30-minute body polish )

(60-minute body massage)

For Kid:

(30-minute choice of body polish)

(60-minute body conditioning massage)

**Spa Tip:** Embrace the new definition of “ Family time”

## Girls Only

120-minute treatment

ZAR 2,500

For parent:

(60-minute body massage)

(60-minute facial)

For daughter:

(30-minute choice of body polish)

(45-minute body conditioning massage)

(15-minute face massage)

(30-minute nail painting)

**Spa Tip:** A specially created mother-daughter escape for the reigning queen and princess.

## Boy's Hangout

90-minute treatment

ZAR 2,200

For parent:

(90-minute body massage)

For son:

(30-minute choice of body polish)

(45-minute body conditioning massage)

(15-minute nail cut)

**Spa Tip:** There is nothing better than a relaxing father and son bonding time.

\*Choice of kids' body polish

cocoa adventure

milky way

pink strawberry

\*\*Choices of kids' face mask

(only available for Girls only)

cucumber cutie

strawberry sweetie

